

# League Lingo

LONDON DIOCESAN NEWSLETTER

2014 Fall Issue

*Deadline for Next Issue*  
*March 1st, 2015*

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We Have Seen the Lord -  
He Is In Us



## President's Report—Marie-Theresa Lamphier



Many exciting things have been happening over the course of the last few months. I have been deeply immersed in the role of Diocesan President. . . . all in a good and spiritual way!

The Provincial Convention held in Cobourg, Ontario held many activities to keep us busy and interested. We were treated to many interesting speakers, which included topics on Mental Health, practical ways to move toward God, an interactive workshop entitled “On the Road with Jesus”, reciting the rosary together and doing the divine mercy chaplet in song as well as attending many beautiful liturgies. You will find the highlight of the convention as experienced by Joan Lobsinger, the London Regional Chairperson, in a separate article in this issue.

As Diocesan President, I attended my first Provincial Executive meeting and was warmly welcomed by all members around the table. There were some familiar faces and opportunities to make new friends. It was reassuring to see two familiar faces from the London Diocese on the executive - Lucy Hendrikx and Patricia Rivest. This was a time for me to observe the proceedings and learn from the seasoned executive. Their hospitality, warm greetings, and gifts were quite overwhelming!

The National Convention was held in Fredericton, New Brunswick. Here again we were treated to lovely entertainment, good food and warm hospitality. On Monday night the ladies tapped their toes

and danced with the band Vinyl12Bits. It was hard not to sing along with the songs they played. A good finish to a day that was filled with thought provoking speakers such as Bishop Robert Morneau, from Green Bay who spoke on “To Live with the Spirit”. He talked on how discipleship is grounded in our baptismal call, and our response is to receive God’s gifts gratefully, to nurture them responsibly, and to share them justly and sacrificially and to return God’s gifts abundantly. We were asked to think about - What do we do after we say we believe? The Holy Spirit is the principal agent of evangelization and our mission is to let everyone know who this God is.

We then learned how Senator Michael Kirby brought the issues of Mental Health and young people to the forefront. He was even surprised that every one of the committee had someone in their family who suffered from some sort of mental illness. You hear a lot of people who talk about the ravaging disease of cancer, but mental illness seems to have a stigma about it and people really don’t want to talk about it. We were asked to do whatever we could for children and youth with mental illness. Show government at both levels that grass root Canadians care about our youth and early detection of mental issues. He suggests signing the petition at <https://www.rightbyyou.ca> and writing letters to your Member of Parliament.

A couple of other speakers that I really found of interest were Imelda Perley and Sheila Issac, who spoke on “Building Relationships with Aboriginal People” and “Indigenous Women in Community Leadership Programme” (IWCL). Both these ladies spoke about their history, their culture and what they were doing to help preserve their customs within their families and to educate the general public about their heritage and language. Sheila Issac also spoke about the goal of the IWCL program and how it provides practical skills/experience for Indigenous women and how they can benefit from the experience of established women leaders. The intent of this programme is to support the women and to help them become leaders in order to address issues of murdered indigenous women and lateral violence amongst many other issues that they deal with.

Of course the resolution dialogue is always of interest to me as issues are brought up that I sometimes may not have heard of. Five resolutions were passed at National and these will be outlined in our next League magazine.

One of the highlights was the election of our new national executive. Barbara Dowding is our new National President, with Margaret Ann Jacobs as our new President-Elect and Shari Quinta as our Treasurer. We are truly blessed to have the latter two ladies represent Ontario, as well as Betty

*(Continued on page 3)*

## *President's Report—Marie-Theresa Lamphier .... (cont'd)*

*(Continued from page 2)*

Anne Brown Davidson representing Ontario on the National Executive. They are all very gifted women!

Barbara also introduced the new theme which will be effective January 1<sup>st</sup>, 2015 - "One Heart, One Voice, One Mission." Once again I'm sure we will hear more about this in the upcoming League Magazine. Please take time to meditate on this theme and how it can inspire you in the next couple of years.

More details on the National Convention can be found in Angela Pellerin's article and on the National Website at <http://cwl.ca/category/conventions/>

Please mark the dates down for our next Fall Regional Days. It promises to be a very interesting day where you will find all the elements of faith, fun and fulfillment. This year we will be having a workshop on "Spirituality through Music" by Dr. Norman King and Jane Ripley. Come and

see what may be waiting for you. Be open and be surprised by the Lord! Again the dates are September 27<sup>th</sup> for the Huron/Perth Ingersoll Region, October 18<sup>th</sup> for Sarnia/London and November 8<sup>th</sup> for the Chatham/Essex/Windsor Regions. Please contact your Regional Chairperson for more details.

Looking forward to seeing you there!

**Marie-Theresa**



## *Spiritual Advisor—Rev. Father Matt KucharSKI*

A number of months ago, I sent a survey to all the Parish Spiritual Advisors and Council Presidents. I was very pleased with the quantity of responses. At various times, I hear Advisors expressing concerns about their Councils as well as Presidents expressing concerns about their Advisors. Overall, however, the responses were very favourable. Most of the "issues" seemed to come down to the need for better communication. Ironically, we have more means of communication available to us than ever before, yet we seem worse at communicating than in the past.

I was amazed at the strength of the positive comments that both Advisors and Presidents said of one another. The Spiritual Advisors

truly value and appreciate the hard work that the women of the League do, both in the parish and the greater community. Likewise the Presidents appreciate and acknowledge all the efforts that the Advisors do to support the works of the League. Unfortunately, both sides expressed that they did not hear that appreciation too often. When we fail to appreciate the gift of the "other", it can seem like the "other" is taken for granted. One suggestion was the need for Advisors to show their appreciation in some public way, i.e. through the bulletin, a comment at Mass, and so on. On a related note, was the need to inform the parishioners of the breadth of service and faith development that the CWL

provides, much beyond the funeral lunches that many in the pew associate the League with.

Another concern expressed was having Advisors at meetings. This can be a challenge due to the Advisor's greater time constraints. However, I found it interesting that a significant proportion of meetings were scheduled at times that were in obvious conflict with a priest's schedule. Having a CWL meeting on Monday, for example, a known "day off" for most priests of this diocese, presents a natural barrier. If the meeting day cannot be changed then maybe we need to find other creative ways for the link between Priest-Advisor and Council to be strengthened.

*(Continued on page 5)*



*President-Elect – Angela Pellerin*  
*Membership & Organization Standing Committee*

I hope everyone had a relaxing summer and is ready to begin working on your bazaars and membership drives.

In July I attended the provincial convention held in Cobourg – what a beautiful place. We arrived on Saturday, 6 of us in Lucy Hendrikx' van. After lunch and a trip to the mall, we enjoyed a BBQ prepared for us by the Knights of Columbus and served by the ladies auxiliary. A fun evening of improvisation based on the show “whose line is it anyway?” followed. There was much laughter at the performance of Provincial President, Betty Colanari along with Provincial Spiritual Advisor, Bishop Bergie. Our own Diocesan President, Marie-Theresa Lamphier was hysterical as she tried to get her “dummy” to move!

Sunday morning saw us hopping on a coach for a tour of historical Cobourg and the waterfront – there is a lot of history from this community that was settled by the loyalists. We then visited Alderville, a native reserve, where Jeff Beaver explained the process of harvesting and processing of wild rice. His wife had made wild rice pudding for us and we enjoyed sampling this as we made purchases in their store. Next we drove to Roseneath where we acted like little children, riding on the beautiful restored carousel. Lunch was served to us at Gold Beach Resort on Rice Lake before we returned to the convention centre for the resolutions dialogue. This year there were 2 resolutions being presented and they both were later

passed at the sessions. A beautiful Mass was held at St. Michael's Church, celebrated by Bishop McGratten who had just been appointed bishop of Peterborough 3 weeks previously.

On Monday work began in earnest with keynote speaker, Ellis Katsof, CEO of Pathstone Foundation who spoke to us on mental illness and in particular how it affects young people. Following lunch everyone participated in an interactive workshop – “On the Road with Jesus”. In the evening, following our diocesan dinners we entertained each other with each diocese performing a song based on the theme: Catch the Fire! London performed a song to “Pass it On” with the lyrics written by our own Theresa Ryan.

On Tuesday, I attended a luncheon for President-Elect/Organization Chairpersons where we were given a binder for the new S'mores workshops. We also heard from keynote speaker, Fr. Frank Freitas on discipleship – excellent presentation. The giving of reports was finished. A delicious banquet was held with the participants wearing masks for the masquerade party. The surprise entertainment that evening was Doug Leahy, his wife and children – what a talented family.

On Wednesday the ladies from Niagara Falls issued an invitation to provincial convention 2015 before we returned to St. Michael's for the reaffirmation Mass.

In August it was off to Fredericton, New Brunswick for the national convention. See my report elsewhere in this newsletter. For me a real highlight was talking with and sharing with other members from across Canada. It started with ladies from BC who greeted us at Pearson airport, continued throughout the convention and then concluded with the trip home. I had a couple of hours to talk with members from other provinces while waiting for my flight in Fredericton airport. They were amazed to learn how large our diocese is and how we do things. I then sat with a lady from Owen Sound on the plane to Toronto and we also shared the differences and similarities between Hamilton and London dioceses. This is real sisterhood. I encourage everyone to try and attend a provincial and/or national convention at least once.

#### MEMBERSHIP

It is that time again! Ask your pastor if you can speak at mass as well as personally inviting ladies you know are not currently members, to join. Maybe a Catch the Fire workshop will help you get the word out about all the CWL does.

#### ANNUAL REPORTS

I know you all love doing these reports. Get your executive together for a wine and cheese or pot luck supper to fill in the reports together – many hands make light work. Please, please

*(Continued on page 5)*



*President-Elect – Angela Pellerin*  
*Membership & Organization Standing Committee (cont'd)*

*(Continued from page 4)*

return your reports to your regional chairperson by the deadline outlined in the package you will receive.

May Our Lady of Good Counsel bless you as you work for God and Canada.

## Angela



*Spiritual Advisor—Rev. Father Matt Kucharski... (cont'd)*

*(Continued from page 3)*

Perhaps the President can meet with the Advisor at another time to ensure he is aware of upcoming initiatives of the Council (and he can provide input *before* the Council makes a decision rather than *after*). This should also imply that the Council is made aware of other events/projects being considered in the parish so that they can be a part of them. This should permit the Council to offer support and assistance in more ways than just to be thought of “as

the ladies who provide the food”. Again, effective communication and respect is needed.

Overall, we are blessed with wonderful Spiritual Advisors and wonderful members of the League. Most Councils and parishes are working very well. Where the issues come in tend to be around communication (as I shared above) and around “this is the way it has always been done”. We live in a different world and, for that matter, a different Church. Perhaps, we need to move forward

in some new ways. We have a precious jewel in the League. Maybe some aspects need a little polishing, but its value cannot be questioned!

Our Lady of Good Counsel, Pray for us!

**Fr. Matthew  
Kucharski**

Look for  
Angela's  
provincial  
report found  
on Pages 18  
& 19

*Weep not for what you have lost, fight for what you have.*

*Weep not for what is dead, fight for what was born in you.*

*Weep not for the one who abandoned you, fight for who is with you.*

*Weep not for those who hate you, fight for those who want you.*

*Weep not for your past, fight for your present struggle.*

*Weep not for your suffering, fight for your happiness.*



*1st Vice-President—Rebecca McCarrell*  
*Resolutions Standing Committee*



What a different summer we have had! Hot, cold, rain, tornadoes, hail! Perhaps it is time we fall back into our routines! The London Diocesan ladies though, have not let this weather stop us from making great strides in our Legislative Process.

In July, at the Ontario Provincial Convention, two resolutions were passed:

2014.01: Mandatory labeling of genetically Modified Food Products

- to urge the federal government to amend the Food and Drugs Act to include the mandatory labeling for all Canadian and imported food and animal feed products that have been genetically modified and or contain genetically modified ingredients

2014.02: Feathers of Hope - Empowering First Nations Youth.

- to urge the Canadian Council of Provincial Child and Youth Advocates to initiate a meeting with all appropriate Provincial and Territorial Ministries, First Nations leaders, First Nations youth and other interested organizations to undertake a similar process to the *Feathers of Hope* in the remaining provinces and territories of Canada

These resolutions will be forwarded to the National CWL. Both of these resolutions in their entirety can be found at [www.cwl.on.ca](http://www.cwl.on.ca) under Resolutions.

In August, at the National

Convention in Fredericton, NB, five resolutions were passed.

2014-01: Restoration of Health Care for Refugee Claimants

- urge the federal government to reinstate health care for all refugee claimants comparable to coverage for Canadians on social assistance.

2014-02: Electronic Cigarettes

- urge the federal government to:
  - \* fully regulate the contents of electronic cigarettes sold in Canada
  - \* fully regulate the marketing, sale and use of electronic cigarettes
  - \* enforce consumer safety standards for electronic cigarettes, and
  - \* implement a national educational campaign warning Canadians of the risks of smoking electronic cigarettes;
- encourage provincial councils to become aware of the issue of electronic cigarettes as it pertains to their province/territory, and to act on it, as deemed necessary.

2014-03: Flavoured Tobacco Products Ban

- urge the federal government to ban the production and import of Flavoured tobacco products;
- encourage provincial councils to become aware of the issue of Flavoured tobacco products as it pertains to their province/territory, and to act on it, as deemed necessary/prudent.

2014-04: National Standard for newborn Screening including Screening for Severe Combined Immunodeficiency.

- urge the federal government to implement a national standard for newborn screening including screening for SCID;
- urge provincial councils to become aware of newborn screening including screening for SCID as it pertains to their province/territory, and to act on it, as deemed necessary/prudent.

2014-05: Old Age Security Allowance for Individuals 60 to 64 Years of Age Regardless of Marital Status

- urge the federal government to include all individuals 60 to 64 years of age, regardless of marital status, to be eligible for Old Age Security Allowance.

Full information will be available shortly on the National website: [www.cwl.ca](http://www.cwl.ca)

Our own membership has been busy formulating some resolution topics. So far, there are teams looking at:

- Income Tax Credit for Seniors Participation in Healthy Living Programmes, Arts and Culture
- Retirement Benefits for MP's and MPP's to fit more in line to time of service

*(Continued on page 7)*



*1st Vice-President—Rebecca McCarrell  
Resolutions Standing Committee .... (cont'd)*



*(Continued from page 6)*

- Abortion: the Viability of Life (for 2016)
- Empowering the By Stander to report sexual assaults (for 2016)
- Bilingualism in the CWL (for 2016)

We also have several other topics that are in the investigation stages:

- PSA tests - is the cost being covered?
- Sex Education in the Primary Grades - what is really being taught?

Resolutions and Legislation are exciting committees - they empower you to be in charge of your community, your environment. Contact me if you'd like to help!

See you at the fall regionals!

**Rebecca**



*1st Vice-President—Rebecca McCarrell  
Legislation Standing Committee*



Legislation - the committee that puts our resolutions into action; the committee that heads the letter writing campaigns to let our legislature know what action we want to see.

Out of our Resolution Committee meeting this summer, several issues came to the forefront that requires our diligence in following:

- Barriers for and Widening of 401 from Tilbury to High Gate Road. This is one of the most dangerous areas in Ontario to drive. The Ministry of Transportation has released a detailed design that will have the 401 in this area reduced to a single lane for 3 years to re-bed and pave the existing road only. Barriers and widening to 6 lanes is not in the plan. This is concerning as the multi-million dollar

project would not address these safety issues at this time, but would be considered for the next phase. Isn't it funny that the highway requires 6 lanes from Windsor to Tilbury and from Hwy 402 to Toronto, but this stretch does not show the need! Where does the traffic go? The barriers are installed in the stretches mentioned above as well...but not needed here! Letters to our MPP's and the Ontario Ministry of Transportation in support of the 6 lane barriered highway is needed now. Start a campaign in your council, parish and neighbourhood!

- Safety concerns of evacuation and fire safety in Nursing Homes, Homes for the Aged, and other Senior residents: after the horrific fire in Quebec this past spring, it

has come to light that the safety regulations of smoke alarms, escape plans, etc. do not need to be in place until 2025! Check what's happening in your area...are they safe? Are there enough staff on to evacuate the premises in case of fire? What fire safety plans are in place?

Legislative progress is assisted by letting your MP, MPP, and Ministers of the Government know what you want to see. Petitions, phone calls, email and letter writing campaigns are all part of the process. Start yours today!

**Rebecca**

*Look for a poster about our Fundraising for the Provincial Convention in Stratford, 2016 on Page 22*



*2nd Vice-President—Theresa Ryan*  
*Spiritual Chairperson*



This summer brought change in my life. I was told bad news, that I had uterine cancer, but good news, that usually it is slow growing. I was fortunate to have an operation booked in less than a month's time. Yet, as I stood by the receptionist desk, all I could think of was, this is really going to screw up "my plans". It was an "in my face" reminder that my life is not mine and I can be called back at HIS time.

I found it difficult to tell people about my diagnosis. "Cancer" is a word no one wants to hear, even though there have been great strides taken in curing or treating cancer. It still conveys bad outcomes in my mind and pity. I have pride and it is hard for me to show such vulnerability. It was in admitting it, that I received a lot of support and felt lifted up in prayer.

A week after surgery I got the good news that they were able to get all the cancer and no further treatment would be required. What a wonderful feeling! All I needed to do now was have patience and allow my body to heal. I continued to feel the power of prayers for me, from my friends, CWL sisters and my family. Thank you so much.

I was able to have the summer off work and will soon be returning, but it has allowed me to have my precious granddaughter stay with me for most of the summer. What a gift, spending time with each other.

I am excited about our fall regional's, especially the "Spirituality Through Music" component. We

have two excellent presenters for that workshop. I hope that many of you will take advantage of their great talent by attending one of the three fall regional's. I love music and singing even though I have no musical training. St. Augustine said "that to sing is to pray twice". Introducing more music to our prayer life is one of my goals as Spiritual Development Chair. Perhaps you could invite members of your choir personally, to this event. They already love music and maybe this is a way to introduce them to a different view of the CWL. One of the comments made at our Masses during convention, is that it is so moving to hear the whole church praying & singing out loud. I hope that everyone does the same in their own parish Masses. Sometimes all a person needs is the encouragement of someone sitting beside them that is singing. We are to be offering ourselves up to God; not attending a performance where we just sit & listen. (except the sermon, of course)

Our CWL day at the shrine in Merlin was well attended and I thank all of the women that came out for this day of prayer. I have never been to Merlin, so it was a wonderful experience for me. If you have never been there before, I urge you to go. They have beautiful grounds and it really does take a long time to walk all the trails. The CWL of St. Patrick's Merlin were very welcoming and excellent hostesses. In preparing the prayers for that day I searched on the internet for "prayers for peace" and was delighted that what came up was a song by Reba McEntire called "Pray For Peace". It is available for

free download @ [www.reba.com](http://www.reba.com). It is a beautiful song and wonderful food for thought to end our day.

To all the spiritual development chairs, don't be afraid to include spiritual music at your meetings. It can be used to sing along with or to simply close your eyes, listen and let your mind meditate over the words. I often play spiritual music & meditations cd's in the car especially when I am alone. Whenever I attend a retreat or conference and they are using music, that I like, I usually ask for the source of the music and then I can get my own copy.

The fall is upon us and we will be getting back into the routine of meetings and events for the CWL I challenge you to try something NEW that you have never done before as a council.

God bless you all, as you have been a blessing to me, and I hope to see many of you this fall.

**Theresa**

*Look for our full  
page ad for the  
return of the  
Fall Regional  
Days, Found on  
Page 20*



*Southwester Ontario Gleaners Tour*  
*August 16th, 2014*  
*Submitted by: Marie-Theresa Lamphier—Diocesan President*

After the National Convention, Mary Jean Horne, Past Diocesan President and I were invited to the Southwestern Ontario Gleaners Open House in Leamington, Ontario. If you recall Gleaners was one of the three organizations that our church collection money was distributed to at our Diocesan Convention in Windsor last April. So on Saturday August 16<sup>th</sup>, both of us travelled to Leamington to take part in the tour, BBQ and the cheque presentation. We were immediately welcomed by Kandy who is the Office Manager and we were introduced to Jim who is the chair of the Board of Directors.

Jim immediately took us on a personal tour of the very clean plant. He told us a lot about the business and what happens. Most of the food comes from fields where it would normally be left to rot. Volunteers gather the goods and bring it to gleaners where it is

washed and prepared for the dehydration machine. The goods such as dried tomatoes, mushrooms beans, peas and legumes are put into 3 lb. bags where they are distributed to local shelters and food banks. This 3 lb. bag can feed 100 people with a very nourishing soup. To note that all the work is done by volunteers who only work ½ day. It takes many volunteers to keep the place running. However, volunteers know how vital it is to feed the hungry.

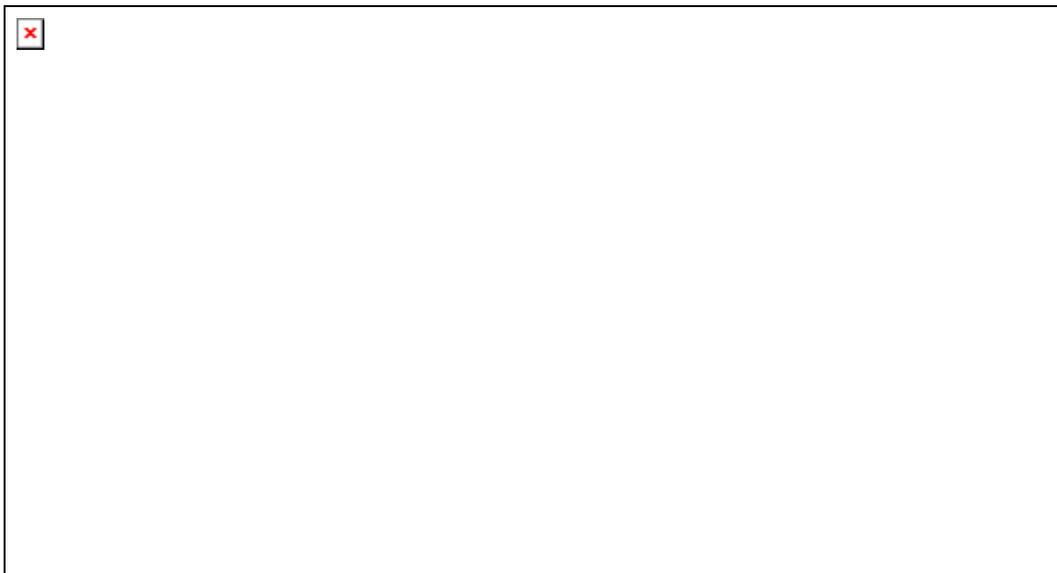
The machine that was purchased with the portion of the money that the London Diocesan CWL donated was a washer for all the vegetables. The equipment, that Gleaners purchased and refurbished is also done by volunteer electricians and mechanics. Many volunteer hours were put into the refurbishing of this wonderful machine. You can tell it was a labour of love especially when you see how nicely painted and

maintained it is now being kept, and we were told it works like a charm!

We want to thank Southwestern Ontario Gleaners for the tour, the BBQ and all the wonderful information given to us on the process they use to gather, clean and package the food products that they utilize to conquer hunger in our community.

The picture below shows Phil Caruana, Distribution Manager, Marie-Theresa Lamphier, CWL London Diocesan President and Jim Founk, Chair of the Board and Mary Jean Horne, Past Diocesan President, presenting the mock cheque of \$1,400.00 to Gleaners.

## Marie-Therese



## Recording Secretary—Mary Bannon



It's September again and once more our meetings begin bringing us faith, fun and fulfillment. I hope you had a restful enjoyable summer. I enjoyed attending Provincial and National Conventions. Please read the reports on them in this League Lingo.

As Recording Secretaries it is our ministry to commit to paper all the great blessings, efforts and accomplishments in our own councils. Your records inspire those who come after you so that they can stand on your shoulders.

I discovered that St. Catherine of Alexandria is the patron saint of secretaries. A very learned woman, wise in the ways of Christ, she was martyred for her faith. Sentenced to be killed on the spiked wheel,

and when she approached and touched it, it fell into pieces and instead, she was beheaded. As secretaries perhaps we could pray to her for wisdom in our record-keeping, loyalty to the League and an appreciation of the gifts of our women.



Just a reminder that I would like you to send me the information I'll need to help the ladies in London prepare for the Convention—your Presidents, Spiritual Advisor, Recording Secretary and Treasurer

as well as addresses, emails and phone numbers. ALL such information is CONFIDENTIAL, just for the use of the Diocesan Council. If you are not having elections this year, this information can be sent right away. If there are going to be changes because of elections, can we aim for before January 1st, 2015?

Thanks and God's blessings!

### Mary

*Please turn to the back where the forms are placed for the CWL council information form for you to fill in and return to me before December 31st, 2014*

*Come Holy Spirit, fill the hearts of your faithful women here present.  
Kindle in us the fire of your love  
Send forth your Spirit, your Love, your Breath and we shall be created  
And you will renew the face of the earth.*

*O God, who does instruct the hearts of your faithful people  
by the light of the Holy Spirit  
Grant us, by the same Holy Spirit, your Holy Breath,  
to be truly wise  
and ever to rejoice in your consolation,  
through Christ our Lord  
Amen!*





## Corresponding Secretary—Cam Cadotte



*The best portion of a good man's life,  
His little, nameless, unremembered  
acts of kindness and of love.*

**William Wordsworth**

WOW... summer is almost over. Kids and grandkids are back to school for another year. It seems that the older I get the faster the days go by.

And another season begins for the Catholic Women's League.

Since being elected to this position at the April convention I have been busy learning my duties and responsibilities. I have discovered that they are not much different than those at a parish level.

I have been busy sending out cards of

congratulations to those who have received bursaries and National awards. Sent cards for anniversaries and birthdays, sympathy, get well and thinking of you were also sent. Not much different than at a parish level.

In this time of instant communications through computers on Facebook and instant messaging, snail mail has gone by the wayside. I have always found that receiving a note in the mail has always pleased me. It means that someone took the time to sit and think of me before sending off the note. Think of all our seniors and shut-ins that would get great joy in receiving a note.

Receiving cards of congratulations on milestone anniversaries and birthdays, the passing of a loved one and births of babies to all members of your parish not just the members of your league would give joy to all. By doing this we will show that the "C" in CWL means Caring, Compassion and Christianity and it is not for Cooking, Catering and Chatting.

Looking forward to seeing all of you as we resume the Fall Regional meetings.

God Bless

**Cam**

*Look for my  
report on why  
we collect used  
stamps found  
on Page 17*



## Treasurer—Mary Lappan



I hope everyone had a restful summer. Now it's back to fun, friendship and fulfillment. I spent my summer learning the ins and outs of the Treasurer's job. I did take time to enjoy both the Provincial Convention in Cobourg and the National Convention in Fredericton. Both conventions had interesting speakers and loads of information to enhance our councils.

Just some reminders as we start a new year. We still have blue CWL scarves for sale for \$20.00. They will be available at our Fall Regional Days. Year end reports will be coming out soon. The forms

are available on our website, [www.cwllondon.ca](http://www.cwllondon.ca) Your parish president will be receiving all the reports in September. More information will follow to help you fill out your reports.

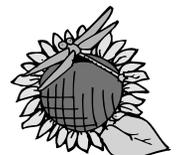
Make sure you use only the forms with my name on them. Please discard any forms with Madeleine's or Rebecca's name on it. If you don't have any with my name and address, please call or email me and I will send them to you.

We are all excited about our upcoming Fall Regional Days. Our facilitators, Dr. Norman King and Jane Ripley are presenting a

workshop entitled "Spirituality Through Music". Make sure you set aside the date in your area (or any area) and join us for a fun filled learning experience.

May Our Lady of Good Counsel continue to bless our homes and families.

**Mary**





*Past-president—Mary Jean Horne  
Historian Nominations & Elections*



*“Lord, may I not fear to express  
my faith in you at all times”.*

Welcome back to all my sisters in the League and to all new past - presidents.

To begin, I would like to thank all my sisters from across the London Diocese for all your support and the faith you have had for me over the last two years. The time went by very quickly. It has been a very faithful journey along with spiritual growth for me. I have loved celebrating with you at your anniversaries, pot luck suppers workshops and meetings. “Yes” “I Have Seen the Lord” through you.

Summer is now almost over and today feels like the best summer day we have had. It is now time to get back to working for God and Canada. Do you have any plans as the past presidents of your councils?

I was unable to attend either the provincial or national conventions this year. However, I did keep up with the day to day happenings. The speakers were wonderful and the messages they gave the members will be put to good use

over the next year. I have read over the National Convention News that can be found on the national web sites [cwl.ca](http://cwl.ca) I encourage each of you to take time and read it. Keynote speaker, the Hon. Michael Kirby, spoke on Mental Health and Young People and one thing that really stood out to me was that “only 25% of young who have a mental illness get help”. “What would be your reaction if 75% of kids with cancer didn’t get help? He also stated that suicide is the second leading cause of death in people between 15 and 24.

My predecessors, Pat Rivest & Lucy Hendrikx have and still are, very active in updating our history. Thank Pat & Lucy. I will continue the work they have done to keep our history alive. Remember your own history and see what has been done in your council. If you have any pictures you have taken over the last two years that you would like to share with us especially anniversaries, please send along with a caption and be sure that you have the names of the people in the picture. (Be sure that you have their permission to share the picture).

Did you find the parallel programme helpful at the convention this year? If you have any feedback please forward it to me along with any suggestions for future parallel programmes?

We will soon gather together for our fall regional meetings. I hope you will be able to join us. I am sure that you will leave spiritually uplifted.

Remember “WE HAVE SEEN the LORD” is still the theme until 2015. The new theme is “ONE HEART ONE VOICE ONE MISSION”. Think about theme over the next four (4) months and see how it will relate to you and your council.

God bless

## Mary-Jean

*“Where two or three are  
gathered together in my  
name, there am I in the  
midst of them”. Matthew  
18:20*

*Lord,  
Help me to remember  
that nothing is going to happen  
to me today, that you and I  
together can't handle.  
Amen*

*Community Life Standing Committee*  
*Chairperson—Kathy Levesque*



Well another summer has passed us by so fast. I hope we all had a restful summer break with our families and friends. Over the summer, I have reflected on how the Community Life Standing Committee could give us some opportunities on how to grow in our faith by serving God's people.

At the 2014 94<sup>th</sup> Annual National Convention held in Fredericton, New Brunswick, **Resolution 2014.01 Restoration of Health Care for Refugee Claimants** was passed. In 2012, the federal government made cuts to the Interim Federal Health Programme which provided basic health care to refugee claimants since 1957 such as vision, dental and prescription. Health care is a basic human right, according to the *Universal Declaration of Human Rights*. The resolution urges the federal government to reinstate health care for all refugee claimants comparable to coverage for Canadians on social assistance. With the passing of the above mentioned resolution, as CWL members we should follow through on the required action of writing letters to members of parliament and members of legislative assemblies and voice their opinion on this matter.

Vatican City, 31 July 2014 (VIS) Pope Francis' universal prayer intention for August is: "That refugees, forced by violence to abandon their homes, may find a generous welcome and the protection of their rights".

See National Website at [www.cwl.ca](http://www.cwl.ca) for the full details of this resolution.

**Development and Peace** - a news article states that at Development and Peace, they believe that there is room at the table for all. However, 1 billion people are still suffering from hunger, that's 1 in 8 people of the entire human family! This fall, Development and Peace continues to answer the call of Pope Francis to fight the global scandal of hunger, by launching an education campaign about the role of women and men family farmers in fighting hunger. Under the slogan "Sow Much Love", the goal of the campaign is to educate Canadians about the role of family farmers as stewards of the world's seeds, and to call on Canadians to take action to support the rights of farmers in the face of the growing threat of corporate control of seeds. The Catholic Women's League has partnered with Development and Peace by supporting thousands of women and children in the Global South through the 1% programme. Many of our members have contributed 1% of all personal and luxury items as well as 1% of funds raised by CWL councils to D&P projects. Please donate generously to this very important Canadian Catholic organization.

See [www.devP.org](http://www.devP.org) or [www.cwl.ca](http://www.cwl.ca) for more information.

**Human Trafficking**—There has been arrests in this area, which have led to convictions. But this is not enough! We need to support the victims of human trafficking in

our area whenever and wherever possible. We could try to get guest speakers from our areas to come and speak to our councils. This does not happen just in Canada but all over the world. Look at what happened in Nigeria when 276 Nigerian girls were kidnapped. We must pray that they do not become part of the human trafficking process. I was so appalled when I read this in the paper and heard it on the news. We must be aware of what is going on around us.

Mary Jane A Yaeger, Provincial Community Life Standing Chairperson stated in her Convention Report that a person that made a lasting impression on her was Sr. Dorothy Goetz, a member of the School, Sister's of Notre Dame. She co-initiated the School "Sister's Stop Human Trafficking" committee in Waterdown. They have been working to raise awareness about the issue, especially the sexual exploitation of women and children. Mary Jane remembers a very petite woman standing in front of a group of people giving the straight story on human trafficking. She held nothing back and told it like it was ....is! She presented her information in a quiet, concise manner. She fought her social justice fight for men, women and children of varying ages and education.

Web sites to consult: The Joy Smith Foundation : [www.joysmithfoundation.com](http://www.joysmithfoundation.com)

*(Continued on page 14)*



*Communications Standing Committee*  
*Chairperson—Sandra Cabiddu*

I was very surprised and honoured that our new President Marie-Theresa Lamphier asked if I would take on the position of Communications Chairperson.

I will strive to do my very best, after someone as organized as the previous chairperson, Rebecca McCarrell. The website will be a challenge, but I am working on finding my way around the website and I like a challenge when one comes along. This will be a little different than past challenges but I don't give up that easily.

I do not have very much to report at this time, but I have already received my first directive from my provincial counterpart Colleen Randall. You will receive this from your regional chairperson, about the same time as you receive this newsletter which I will continue for the next 2 years. I have included Colleen's Oral Report she gave at the Provincial Convention in Cobourg in July.

Communications is an important chair so I hope the councils out there have this position on their

executive. I know it is hard to fill all the positions, but it is possible to put two positions together successfully.

We have a busy season ahead of us, and I will try to attend the fall regional's in the upcoming weeks.

May our Lady of Good Counsel watch over all of us.

**Sandra**

Look for  
Colleen  
Randall's Oral  
Report at the  
Provincial  
Convention  
on Page 23



*Community Life Standing Committee*  
*Chairperson—Kathy Levesque ... (cont'd)*

*(Continued from page 13)*

RCMP: [www.rcmp-grc.gc.ca](http://www.rcmp-grc.gc.ca) and  
RCMP Centre for Youth Crime  
Prevention: [www.deal.org](http://www.deal.org)

A song I heard sort of sums this up:

“Here I am”, by Tom Booth

“Here I am, standing right beside  
you, Here I am, do not be afraid.  
Here I am, waiting like a shepherd,  
I am here, here I am”

“I am here in the face of every  
child, I am here in every warm  
embrace, I am here with  
tenderness and mercy. Here I am,  
I am here.”

“I am here in the midst of every  
trial, I am here in the face of  
despair, I am here when  
pardoning your brother, Here I  
am, I am here.”

“We have Seen the Lord, and He  
is in Us!” I see Jesus in the people  
who stand up for people's rights,  
wanting to have a better world to

live in, not just for ourselves but  
also for those who cannot fight for  
themselves.

May our Lady of Good Counsel  
continue to guide and protect us  
every day.

**Kathy**



  
**Education & Health Standing Committee**  
**Chairperson—Mary Maxwell**



As summer winds down, and children eagerly face another school year, one of my regular activities is a reflection of the summer that had passed. Even though I have been a retired teacher for seven years, I still love the excitement of the "summer holidays". It provides the opportunity for changes in regular schedules, a greater opportunity to enjoy the beauty of nature, and opportunities to share in events with family and friends. Two items this summer struck me as significant enough to share.

In early July I was able to visit some beautiful and historic towns, and cities in Ireland and Scotland. I have always wanted to see some of the places I had studied about in university English and history courses. My very first parish as a child was St. Patrick's in Lucan; the first school that I taught at was St. Patrick's in Lucan so I was very excited to visit St. Patrick's Cathedral in Dublin. Saint Patrick is said to have baptised

converts to Christianity at a well that once existed in the park alongside the Cathedral. Because of this association, a church has stood at that location since the fifth century. The longevity of the faith from those early years to today continues to inspire believers. A prayer card I purchased in the gift shop had the following prayer attributed to Saint Patrick. *"May the strength of God pilot us, May the wisdom of God instruct us, May the hand of God protect us, May the word of God direct us."* Even though the Reformation changed the official religion of Ireland, and Saint Patrick Cathedral became an Anglican Cathedral, the faith of Saint Patrick continues to exist in Ireland.

The second amazing event this summer has been The Ice Bucket Challenge for ALS. Even our Ontario Catholic Women's League President Betty Colaneri took the challenge and shared this on social media. Many people who never

realized the impact of this disease on families and individuals have been educated about this disease this summer. When we realize how much money has been raised by this social media campaign, we can only be amazed by the power of social media. News reporters have also continued everyone's education with reports about Amyotrophic Lateral Sclerosis, more commonly known as Lou Gehrig's disease.

So in conclusion, this has been a summer of health and education. I have enjoyed the opportunity to travel, to relax, to see evidence of faith and to learn how interconnected we can be when we take part in campaigns like the Ice Bucket Challenge. I look forward to a "New Year" in the league.

**Mary**

**HERE ARE 2 BIBLICAL RESOLUTIONS TO CONTEMPLATE**  
**AT ANY TIME OF THE YEAR**

*Colossians 3:13 - Mend a Broken Relationship*

*Matthew 25:34-40 - Actively Seek Out to Help the Poor, Homeless, and Needy*



*Christian Family Life Standing Committee*  
*Chairperson—Elisabeth Duggan*

It is hard to believe that summer is over and that fall is around the corner. It goes so quickly. I do hope all of you had time to spend with your family, to play, go on adventure trips. One thing that I do hope was not put on hold because of summer, was the time to pray with your family daily and attend Sunday mass.

By the time you read this article, fall will be well underway. Our families are back into a routine with school and sports activities.

With schools back in session it is important to remember that not all children go with a breakfast in their tummy or even a lunch. A child that has had a breakfast and has a lunch will pay attention better in school and learn better. Child hunger in Canada is closer than you think. Breakfast for Learning is a programme founded by Canadian Living. If you are interested in helping, or you would like to learn more about this program go to [www.breakfastforlearning.ca](http://www.breakfastforlearning.ca) or you can call toll free to 1-800-627-7922.

Become aware of your area and see if there is a breakfast programme in your school or area. Help if you are able to provide nutritious breakfast foods or even help serve breakfast. The smiles on the faces of these children are priceless.

I want to thank everyone who sent in the cards in June asking a stop to pornography. Our children are very knowledgeable on how to search the internet for what they need for their projects and interests to see what they can find. This is when our children are vulnerable to the sites that open the doors to sexual exploitation. You can stop your child from seeing these sites but you need take action. You are able to obtain free and retail software programmes available to help you do this at home. Programmes such as “Ad Block Plus” can effectively “shut off” advertising banners on websites, while programs such a “Verity” can restrict access to websites based on content, track all the websites a home computer is

used to visit, and even set time limits and the time of day restrictions on when the computer can be used. Check with your school or your School Board in your area to see if further help with this can be given. Maybe have an evening session for other parents to learn how to protect their children and computer from internet violence.

I look forward to seeing everyone at our Regional days

May Our Lady of Good Counsel bless you and your families

**Elisabeth**





*Sandra Cabiddu—League Lingo Editor*

After that severe cold winter and then the “non-summer” we have just experienced (at least in my little corner of Sarnia Lambton), here we are ready to start another season. Let us hope the coming winter will be milder after the last one!

Orders received at convention brought the numbers to about the same as last year. I have received a good number of articles for this edition, but some regions sent nothing in.

Don’t forget that the upcoming fall regional’s is the time to give me your order for 2015. If I am not able to attend, please give your order to an executive member along with your cash or cheque and it will get to me.

I am striving to attend at least 2 of the regional days. There is a poster in this newsletter about the Fall Regional’s, and I hope as many of you as possible will be able to attend. Don’t forget you can attend

a different region if those dates are better for you, as we continue to combine the 7 regions into 3 regional meetings. They are being advertised as having “Fun with the League” and a workshop theme on “Spirituality Through Music”.

**Sandra**



*Why do we collect used stamps?  
Submitted by Cam Cadotte, Corresponding Secretary*

**Why do we collect used stamps?**

When I collect the stamps that are given to me I then give them to volunteers in Chatham. They are trimmed then sent to Leprosy Mission Canada where they are checked and packaged in 25 pound bags then sold to dealers.

Money received by Leprosy Mission Canada is used to supply medicine, care and rehabilitation to those suffering from leprosy, and to help finance care wherever leprosy is found.

There are approximately 500 people in Canada with the leprosy virus. They contracted this virus prior to coming to Canada. Leprosy is not

highly contagious and is curable. Last year our donors helped cure over 30 people by sending us their trimmed, used postage stamps.

**How it works:**

- Trim your stamps to ¼ x 1/2 inch
- No need to sort your stamps by country or type
- Postcards or entire envelopes dated prior to 1950 are sought after, please do not remove the stamps
- All foreign stamps are accepted
- Dealers are particularly interested in the special commemorative issues of Canadian/American postage stamps

- Please do not send postage metre imprints, or damaged stamps
- You do not need to soak the stamps off the envelopes

I will also accept used eye glasses/sunglasses. These are sent to a local optometrist to be calibrated then sent to third world countries through Canadian Food for Children.

**Cam**





*National Convention Report—Fredericton, New Brunswick—August 9/13, 2014—  
Submitted by: Angela Pellerin, President Elect—Organization Chairperson*

What a privilege to attend the national convention on your behalf. Marie-Theresa Lamphier and I were joined by Mary Lappan, Mary Bannon and Pat Rivest for a time of faith, fun and fulfillment, as well as being accompanied by Fr. Matt Kucharski.

Our time started well with being greeted at the airport in Toronto by some ladies from BC who were happy to see more CWL ladies! They had taken the red eye flight from Vancouver so were a little tired.

Once we had registered at our hotel, then made the trip to the convention centre to register for the actual convention, we hopped on board a bus for a tour of the city – a city of just 60,000 people. There is so much history in Fredericton and we also learnt a lot about Lord Beaverbrook. Many buildings were made of wood as logging is the main industry and as a result the city has experienced many fires. The bus delivered us to the Monsignor Boyd Centre where we enjoyed a lobster dinner and down east entertainment including the Sista's of St. Patrick!

Sunday saw us up early and hopping on another bus for a trip to King's Landing which is a

historical project. We visited the print shop where they still do printing for the village and also the sash & window company. We got to see how they planed the wood and learnt it only cost \$1,200 to build a house – wouldn't that be nice! After visiting some other buildings we entered the King's Head for a delicious lunch of homemade buckwheat bread, homemade butter, turkey stew and dessert. We arrived back at the convention centre in time for the resolutions dialogue. The resolutions committee had received 16 resolutions but only 5 were being brought to the floor of the convention. Following the dialogue we attended the opening mass at St. Dunstan's Church.

Monday began on a sad note when we learnt that a member from Manitoba had passed away in her sleep. Mass was subsequently said for her intention.

We had 2 keynote speakers on Monday. Bishop Robert Morneau spoke on the theme "To Live With The Spirit" while Senator Michael Kirby spoke on "Mental Health and Young People". Fr. Philip Kennedy intended to talk on Catholic Missions in Canada,

but he was unable to attend due to ill health.

Bishop Morneau reminded us that we need to receive God's gifts gratefully and be grounded in the gift of the Holy Spirit. He spoke on 3 books: 1. All Saints by Robert Ellsbert; 2. 7 Habits of Highly Effective People by Steve Covey; 3. A Game Plan for Life by John Woodham. Mr. Woodham's game plan included:

1. Be true to yourself
2. Make each day your masterpiece
3. Help others, serve your church and community
4. Drink deeply from good books
5. Make friendship a fine art
6. Pray for guidance – life is tough
7. Give thanks for our blessings. We are Eucharistic people.

Senator Kirby told us there were 11 senators sitting around talking about their own experiences with family and friends with mental illness. Everyone one of them had had a connection with someone who had had a mental illness. All had previously known of the physical illnesses in the families but had been unaware of the mental issues as it is not

*(Continued on page 19)*



*National Convention Report—Fredericton, New Brunswick—August 9/13, 2014—  
Submitted by: Angela Pellerin, President Elect, Organization Chairperson (cont'd)*

*(Continued from page 18)*

something often talked about. We cannot let mental health slip back into the shadows. Ten percent of adults with mental illness had started in their 20's. Only 25% of young people get the help they need and many of them end up in jail and/or on social assistance. Also, suicide is the 2nd leading cause of death among young people. Mental illness costs \$1.5 million in lost jobs each year. Those suffering with mental illness used to be put into "insane asylums" then when the government closed these, they were released into the community with no help. Senator Kirby said that in 75-80% of youth it starts as a "mood disorder" and with treatment right away, they can cope. It can take 12 - 18 months to get help for the child. Australia is the only country with a national mental health programme. What can we do? Go to [www.rightbyuu.ca](http://www.rightbyuu.ca) and sign the petition, write letters to your MPs - show government that this is of interest to the grassroots level. Senator Kirby

finished by having us all pray a Hail Mary for those young people suffering from mental illness.

On Tuesday Betty Anne Brown-Davidson welcomed everyone to the convention. Greetings were brought by Bishop McGrattan, The Ukrainian Catholic Women's League, Glenda Klein on behalf of W.I.C.C. and the American National Council of Women. Imelda Perley spoke on "Building Relationship with Aboriginal Women" and told us we need to learn about the natives in our communities/regions. Sheila Isaac from Quebec spoke to us on a programme run by the Coady International Institute "Indigenous Women in Community Leadership Programme". Sheila told us to ask MLA's to include aboriginal history into the education system and also ask our MPs what they are doing for the environment, land and aboriginal peoples.

Following the speakers the giving of reports began. Then

members from each province went to separate restaurants to enjoy dinner.

Wednesday saw the voting on the 5 resolutions - details can be found on the national website and will also be published in the League magazine. Shari Guinta provided us with a list of those resolutions that have now been archived.

A large contingent from BC issued an invitation to all to attend the 95th convention in Vancouver, August 16-19th, 2015.

Elections were held and the new theme was announced by incoming president, Barbara Dowding.

There were 585 people in attendance at the convention which closed with Mass again at St. Dunstan's Church.

**Angela**



2014 Fall Regional Workshops  
Brought to you by  
London Diocesan Council  
Of The Catholic Women's League of Canada!



*Faith, Fun & Fellowship with the League!*  
*Gathering: 8:30 am (water | juice available)*  
*Mass: 9:00 am*  
*Coffee Break*  
*Fun With the League!*  
*League information, meeting suggestions, fun*  
*Lunch 12 Noon \$8*  
*Workshop: Spirituality Through Music*  
*Facilitators: Dr. Norman King, & Jane Rip-  
ley*  
*Question & Answer Time*  
*Homeward bound: 3:30 pm*

2014 Dates: Please contact your

Regional Chairperson to reserve your spot:

You may attend wherever you wish:

September 27, 2014: Holy Trinity: Woodstock 1420  
Devonshire Avenue, Woodstock

October 18, 2014: St. Philips: Petrolia 415 King Street,  
Petrolia

November 8, 2014: Windsor: Our Lady of Perpetual  
Help, 804 Grand Marais Road East, Windsor

  
**Ontario Provincial Convention—July 5/9th, 2014— Cobourg, Ontario.**  
**Submitted by: Joan Lobsinger, London Regional Chairperson**

I've Been Yoked!

What a great time I had at the 2014 Provincial Convention and I would like to share some of the highlights. The Celebrant of the opening Mass was the newly installed Bishop of Peterborough, Most Reverend William McGrattan. Bishop McGrattan was the former Rector of the Diocese of London's own St. Peter's Seminary. Fittingly enough, the Gospel Reading was Matthew 11.25-30 "***take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.***" Bishop McGrattan said he had been 'yoked' with the Diocese of Peterborough just two weeks prior to the convention, but it was not a burden but a blessing. That set the tone. In the welcoming addresses at the end of Mass, Bishop Gerard Bergie, the Provincial Spiritual Advisor, told us that we had been yoked by Christ. He ended his comments by telling us to 'get cracking'. Each speaker followed through continuing with the 'yoke' and our Provincial President, Betty Colaneri declared the convention open saying, "That is no yoke!"

The theme of the Convention was to Catch the Fire and through our keynote speakers and camaraderie, I became ignited. Our first presenter, Ellis Katsof had us think about how

we are all touched by mental illness and asked us to take the pledge at [www.MendtheMind.ca](http://www.MendtheMind.ca). Our National President-Elect, Barb Dowding brought greetings from National President Betty Anne Brown Davidson who was travelling with the Catholic Near East Welfare Association to the Holy Land for nine days. She said, "When you look with the eyes of Jesus, everyone becomes important". As per Betty Colaneri's request, each diocesan president shared how their diocese has seen the Lord in social justice. I was impressed and proud of the many initiatives throughout our province. Our final speaker, Fr. Freitas reminded us that each time we see the Lord, He sees us, He knows our name and loves us as we are. Each of us is called to live for the Lord. He gave us these three things to keep in mind:

1. Make sure we pray. Before we can go and serve Him we have to see Him.
2. Live our life in such a way that we don't miss the moments. God speaks in whispers.....He is present to us in the whispers.
3. Remember you are loved and you are His. Father Frank, (individuals) have nothing to offer, BUT God has everything to offer through him.

I thoroughly enjoyed the "Catch the Fire" songs presented by the various dioceses. Our Spiritual Advisors were such good sports. The banquet was delicious and we were entertained by the phenomenal Leahy Family.

Sisterhood of the League is soooo present at these gatherings. You realize more profoundly than anywhere else, that we are Women of Faith, Hope and Conviction. We are strong and we accomplish great things. There is a real sense of pride. You realize deep inside how proud you are to be a member of the Catholic Women's League.

This was my first Provincial Convention and it certainly won't be my last. See you in Niagara Falls in 2015!

**Joan**





*Ontario Provincial Convention, 2016—Stratford, Ontario  
Hosted by the London Diocesan Council*

**YES! YES! YES! WE ARE HOSTING THE 2016 ONTARIO PROVINCIAL CONVENTION IN BEAUTIFUL STRATFORD!**

The Convention Committee with the London Diocesan Council has decided on a fund-raiser to assist with this event. Beautiful Seagull Pewter Ornaments! Offering for sale at each of the Fall Regional Meetings and through your Regional Chairpersons. The ornaments will be featured in an upcoming issue of The League Magazine...but get yours first! No shipping cost if you pick up directly, or order through your Regional Chairperson! \$20 each

Each ornament is boxed in the trademarked Seagull Pewter boxes, and has a burgundy ribbon for hanging. The ornaments are branded with the CWL Crest, and London 2016. 3 ornaments are available:



The Wreath... instead of Joy, the CWL Crest is stamped



The Dove of Peace: CWL Crest stamped on back



Angel of Friendship, written on the back with the CWL Crest



Packaging Sample

**FOR SALE AT THE FALL REGIONAL MEETINGS  
OR THROUGH YOUR REGIONAL CHAIRPERSON**

**\$20**

**MAKE CHEQUES PAYABLE TO THE CATHOLIC WOMEN'S LEAGUE OF CANADA  
MEMO LINE: ORNAMENTS**

For more information see e-mail address below

[cwllondon2016@outlook.com](mailto:cwllondon2016@outlook.com)



*Oral Report for 67th Annual Provincial Convention -  
Cobourg—July 2014—Communications Chair*

Madame Chair,

The League's involvement in the national campaign to obliterate pornography and its effects on society are well known by members and non-members alike. The National Pornography Hurts Campaign continues to show our legislators how we feel. As the social justice project of this communications chair it has been my goal to educate our members on what pornography is - not the graphic, sexual pictures and videos - but the science of the addiction. By better understanding the brain and the effects of pornography on the brain we, as members, can focus our prayers and support on the real problem.

Pornography constitutes about 25% of all search engine requests and is the fourth most common reason people give for going on the internet. The simple truth is that pornography has profound consequences for the brain and acts

in many ways like a drug. With prolonged exposure to pornography your tolerance is increased and people find themselves addicted. It leads to general feelings of loss of control and compulsive behaviour, despite any negative consequences. As well, they go through withdrawal when the stimulation is taken away.

The issue is that continued exposure can cause long term or even lifelong neuroplastic change in the brain. Dopamine is a hormone and neurotransmitter that plays many important roles in the human brain and body. Dopamine plays a major role in reward-motivating behaviour - so the more stimulation, the more dopamine is produced and the more stimulation is required - therefore creating the circle of addiction much the same as gambling and running.

There are many articles available

on the internet related to the scientific studies specific to the effects of pornography on our society. We can educate... but what do we do about it?

Through understanding, compassion and open conversation about what is acceptable we can support those who suffer. We can make our views known through letter-writing. But... our most powerful weapon is prayer - prayerful support of those addicted, prayerful support of victims of the industry and prayerful support of the many who are working towards the eradication of this addiction.

This concludes my report.

**Colleen Randall**

*Ever wonder about the abbreviation A.S.A.P.?*

*It may seem like your worries  
Are more than you can bear.  
Slow down and take a breather ....  
A.S.A.P. —Always Say A Prayer*



*Regional News—Sarnia Lambton*  
*Chairperson—Willi Kole*

It is hard to believe that it is September - the summer has gone so fast. I am blessed to be the CWL Sarnia Lambton Regional Representative for another two years. It is a joy to work with the 13 wonderful presidents of the Sarnia Lambton region. It will be a busy year for all of us, but will be rewarding. I am amazed by all that our councils do for “God and Canada”, and always with a smile.

In October, our region is holding

the Fall Regional Day for the London and Sarnia Lambton regions. It will be held at St. Phillip’s Church in Petrolia.

I have been a member of the League for 38 years and am constantly learning more about myself and the CWL. I look forward to the coming year and the many things I will learn.

Catch the Fire is still available for councils that wish to host this

wonderful learning experience. If you have not hosted or attended this workshop, please plan to do so.

I would like to sincerely thank the Diocesan Executive for allowing me to represent Sarnia Lambton region for another two years.

Yours in Christ,

**Willi**



*Regional News—London*  
*Chairperson—Joan Lobsinger*

I would like to take this opportunity to thank our President Marie Theresa Lamphier for giving me the chance to be Regional Chair for the London area. I would like to tell you a little bit about myself. My husband Allen and I celebrated our 37<sup>th</sup> wedding anniversary this summer and have four wonderful sons. In January I was blessed with a grandson and four months later, a granddaughter. Grand-parenting is the best! I am a retired teacher and enjoy my ladies’ bowling league and volunteering at The Grand Theatre. I have been a member of St. Michael’s parish for thirty-eight years and a member of the league for twenty-three years. After my role as president of St. Michael’s, I became chair of Central Committee and had the wonderful opportunity to co-chair the 2011 Convention with Gwen Waeijen.

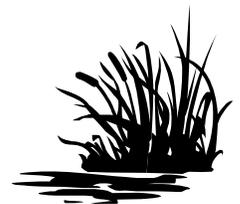
I hope everyone has had an enjoyable and safe summer. It seems like only yesterday we gathered together at Our Lady of the Rosary Shrine in Merlin. Although a little cooler than usual it was a beautiful day and enjoyed by all in attendance. I was also privileged to attend the Provincial Convention in Cobourg this summer. It was a wonderful experience and I have come back with some exciting ideas to share.

Our year ended on June 23<sup>rd</sup> with a wonderful dinner at the Best Western Lamplighter Inn where good food and comradery were enjoyed by all. It’s hard to believe fall has arrived, however I am excited to get things started especially with the 2015 Convention on the horizon. We begin on September 22<sup>nd</sup> with our Regional Meeting at St. Michael’s

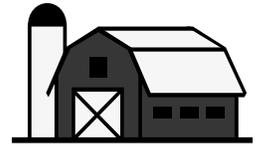
parish and a Convention Planning meeting on September 29<sup>th</sup>. I am looking forward to our London and Sarnia Fall Regional Day on Saturday, October 18<sup>th</sup> at St. Phillip’s Petrolia. I hope many of you are able to join us for a day filled with information and fun.

I’m looking forward to the opportunity to work with the London Region councils. I know it will be a fruitful and productive year.

**Joan**



*Regional News—Essex*  
*Chairperson—Denise Masse*



Ahh the long days of summer have begun to fade and fall is fast approaching as I sit here and write to you. I hope you all had a wonderful summer, filled with sunlight and the laughter of gatherings with family and friends. The splendour of fall leaves, crisp air and harvest come at a time when our schedules have suddenly filled up. The Lord indeed is clever and knew to coincide the latter so we have an opportunity to pause.

I am fortunate to be your new regional representative for the Essex Region and look forward to serving you. I always enjoyed our regional meetings. They have been a time to share insightful ideas, sisterhood and an opportunity to deepen the faith of all involved. Both Mary Lappan and Mary Lapos before me were fine role models indeed.

On a personal note, I became a member of the Catholic Women's League in 2006; invited by Ivana Campagna and Carol Amlin who had touched my life with their kindness. My husband Todd and I are empty nesters in Emeryville, since Dane is now a registered nurse living in Jasper, AB and working at the

hospitals in both Hinton and Jasper. We are also blessed with a large extended family that fill our lives with blessings. I teach Grade 4 at St. William School, where I am also the Faith Ambassador and work with my parish of Good Shepherd in various ministries.

The Diocesan Convention held in Essex and Windsor this past April was a great success! Kudos to Mary Lappan and the many ladies involved. We are proud of our own Marie-Theresa Lamphier who took office as our new Diocesan President at this time. May God bless her in her new role.

I had the pleasure of attending the orientation, held in retreat format at Oxley in May. The ladies were welcoming and ready to share their time and talents with everyone present. You can learn a lot in a short time when you listen to the wisdom of others. The Holy Family Retreat House is an excellent place to become connected to our Lord and meet Him in others.

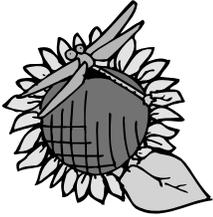
I would like to thank the presidents of the Essex Region for their support

while hosting my first meeting in my new role and their quick responses to tasks, such as offering speakers from their councils to soon speak in their parishes about the Holy Family Retreat House and its importance; as well as our upcoming fall regional days. The closest regional day is being held in Windsor on November 8th, 2014 at Our Lady of Perpetual Help Parish.

In closing perhaps the greatest lesson I have learned is that you can always count on your sisters in the League. They are continually there when you need prayers, support, advice, guidance, assistance or comforting. Whether you have known someone for awhile, or just a short time does not matter. For this I am very grateful. I look forward to serving you, listening to your suggestions and working with everyone. God Bless you for all you do for the CWL!

**Denise**





*Regional News—Chatham Kent  
Chairperson—Angela Soulliere*

Summer is winding down. Teachers and students are getting ready to head back to the class room. I hope everyone has had a chance to spend some well deserved time off with friends and family. I know that I was fortunate enough to do so.

I have gratefully accepted another 2 year term as Regional Chair for Chatham-Kent. The main reason being, that it took me the first 2 year

term to get comfortable in my role. Now that I feel I have a grasp on the role, I am looking forward to the upcoming 2 years. My goal for my term in office is that I will try to attend a General Meeting for each of my 15 councils. I think that this is a grand challenge, but I am willing to try. I think that sometimes, some of our councils do not attend the President's meetings and they feel out of touch. I would like to attempt

to be the link that helps to rejoin the councils to the region.

I look forward to seeing some of you at the upcoming Fall Regional Day. The day promises to be filled with Faith, Fun, Fulfillment and Fantasia!

**Angela**

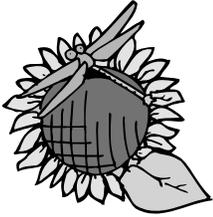
*TO THOSE OF US BORN 1930—1979*

*We were given BB guns for our 10th birthdays, made up games with sticks and tennis balls and although, we were told it would happen, we did not poke out very many eyes.*

*The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law!*

*We had freedom, failure, success and responsibility, and we learned how to deal with it all.*





*Regional News—Ingersoll*  
*Chairperson—Helga Stuermer*

Summer is nearly over, soon the leaves will turn a brilliant colour, and then ochre. Today, as I went to church in Parry Sound, The Most Reverend Bishop William McGrattan of the Diocese of Peterborough celebrated the holy mass.

The reason I mention it here, is because his homily was most moving. Thanksgiving is nearly upon us, and there is so much to be thankful for all that we have here in Canada. Yet there is so much hardship in so many places all over the globe. He asked us to open our hearts and welcome the refugees that will be coming to our shores. Many Christians are being persecuted and even killed, just because they believe in Jesus Christ as the son of God. They are evicted from their homes with only the clothes on their back. "Give of yourself ~ to save others." That's what he emphasized. I remembered the schoolgirls that were kidnapped. They were told if they convert to Islam, they would be saved. We all prayed for their release. "Give of yourself - to save others" That really went home to many.

We, the CWL ladies really need to pray strongly for all persecuted just because they believe, that they may stay strong. If anyone would like to see the situation in Iraq: see the statement of Cardinal Collins Archbishop of Toronto: <http://www.theglobeandmail.com/globe-debate/Canada-cando-more-to-help-christians-under-seige-iraq/article19946663/>. See also the concern of the Holy Father on the Vatican News website:

<http://www.news.va/en/news/pope-francis-appeal-for-iraq-christians>

In the Ingersoll Region our CWL ladies have been very busy and successful with their various fundraising and church and charities. Our campaign in regards to the child pornography issue was on everyone's mind. All councils worked diligently on this project. It involved many calls and also some reminders as to the timing of mailing the cards and letters. Some council's went way out and I have to say our CWL ladies are amazing. I am very proud to be part of this group.

\* Euthanasia and the danger of it provoked a lengthy, and very serious discussion.

The Diocesan Convention was as usual very successful—spiritual, and yet also much fun. It was so enlightening to see and feel the joy radiating through the room. And yet there was much we learned. Those who could not participate missed a lot. At our presidents meeting we had quite a lively discussion.

Seeing our executives in their various new rolls as chairs of their new committees was enlightening. You are all so dedicated, and there is so much to learn from all of you. Thank you all.

Our Ingersoll council's had wonderful projects happening. I was invited to many. Unfortunately some of them were at the same day and time—tough decision. Still I got ribbed teasingly from those I could not attend. I liked especially when

some deserving ladies received a Maple-leaf pin for all the time and effort they put into the CWL charitable work. Also pins were handed out for 30, 40, and 50 years of service. To be able to witness this gave me much joy.

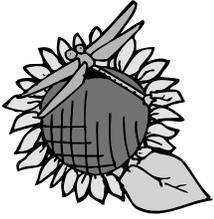
All councils will resume their regular meetings in September. They are eager to get going with their various goals. We had some changes with our regional treasurer and secretary. The outgoing ladies served for many years, and we thank them for their hard work. I am sure their replacements will be just as dedicated. Thank you for stepping up to do the work.

Holy Trinity council in Woodstock will host the Fall Regional Days on September 27th. I sincerely hope many members will attend. It promises to be a good meeting. Everyone is working hard to make it happen.

In May we had our 2 day orientation meeting in Oxley Family Retreat House. We had a mass in the chapel, and got inducted into our various roles and promised to use our talents and work at our position as best as possible. We also chatted about ourselves a bit to get to know each other better. Many funny stories came to light. Much fun..

The family Retreat House is a beautiful place to go to. I could only recommend this to all our councils to have a meaningful

*(Continued on page 28)*



*Regional News—Ingersoll*  
*Chairperson—Helga Stuermer*

*(Continued from page 27)*

retreat. At our presidents meeting in June I showed pictures from the event and the place in general. I also mentioned it would be a nice retreat for husband and wife - a renewal of wedding vows so to speak. The gardens inspire thoughts, tranquility, and renewal.

There is so much more I could write about all the council's activities. Everyone works hard for their church and community, and they are concerned about our Canada.

Blessings to all, and may our God keep you in his care always

**Helga**



Diocesan Convention April 2014 at one of the "Dress-up Lunches"

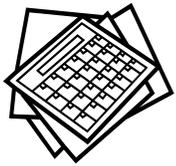


Newly elected Diocesan Executive—Annual Convention 2014



Group picture at lunch—Diocesan Convention April 2014





*Dates for the Fall Regional Meetings and  
Some Other Dates to Remember in the Coming Year*

**FALL REGIONAL MEETINGS 2014**

The Fall Regional Meetings, which provide an opportunity for the Diocesan Executive to meet parish council members within each region, will soon be here. They will be in the three-area format.

In the morning there is “Fun with the League”, and League information meeting suggestions.

In the afternoon there will be a “Spirituality Through Music” Workshop. Facilitators: Dr. Norman King & Jane Ripley.

**Question & Answer Time**

These meetings are a great source of inspiration, spirituality, direction, education, sharing, building confidence, as well as having fun. They are a resource as we live out our commitment to God and Canada within our own communities. **ALL MEMBERS ARE WELCOME.** Attend whichever meeting is most convenient to you. **Don't forget to invite your Spiritual Advisor to Lunch!**

Contact your local Regional Chairperson for more details & for numbers coming from your parish.

DATE	REGION	PARISH COUNCIL	LOCATION
September 27	Ingersoll/ Huron Perth	Holy Trinity 1420 Devonshire Ave.	Woodstock
October 18	Sarnia Lambton/ London	St. Philips 415 King Street	Petrolia
November 08	Windsor/Essex/ Chatham Kent	Our Lady of Perpetual Help 804 Grand Marais Rd. E.	Windsor

September 8, 2014	The birth of Our Blessed Virgin Mary
September 21, 2014	International Day of Peace
September 25, 2014	Canadian Martyr's Feast Day
October 5, 2014	Respect for Life Sunday
October 5, 2014	Vocation Awareness Sunday
October 6-10, 2014	National Family Week
October 13, 2014	Thanksgiving Day
October 16, 2014	World Day of Food
October 17, 2014	International Day for the Eradication of Poverty
November 11, 2014	Remembrance Day
December 8, 2014	Feast of the Immaculate Conception
December 10, 2014	Human Rights Day
December 12, 2014	Feast of our Lady of Guadalupe

Information on  
our facilitators  
at the Fall  
Regional's can  
be found on  
page 32





*Council News—London Region—St. Peter Cathedral Basilica  
Submitted by: Dora Dannecker—Communication Chairperson*

Summer is almost over and it feels like Fall already - Cool mornings and an over abundance of rain to date.

This year has been both rewarding and productive. We are ready to get back to work and our planning has already begun.

One of our parting rewards for the parish was a strawberry shortcake served following the 10:30 Sunday Mass June 22<sup>nd</sup> along with a greeting "have a good Summer". Many ladies gathered on the Saturday to prepare the strawberries (all 48 quarts of them) and the cakes were donated by members. Approximately 230 containers were served. It was such a pleasant surprise for the parishioners and a lot of fun for our Council. We might make it an annual event...

We had a closing Pot Luck on June 14<sup>th</sup>. Following a delicious lunch, service pins were awarded as follows: 10 Years - Mickey Fursman, Nora Malicdem, Nuccia McGrath, Helen Moniz, Dawn Munday and Catherine Sexton. Sixty-year pins were given to Betty Janisse and Helen McLeod. In addition, special awards of gold Maple Leaf pins were presented by Dora Dannecker to Julie Sans, President and Jo Guth, Treasurer.



**Gold Pin Members:**  
Dora Dannecker (presenter),  
Julie Sans, Jo Guth (new), Mary  
Ducharme, Bernadette Allaire  
& Kathleen Pasquini



**60 Year Pin Awards**  
Helen McLeod & Betty Janisse  
Julie Sans (Presenter)

They have served Council in an exceptional and meritorious manner.

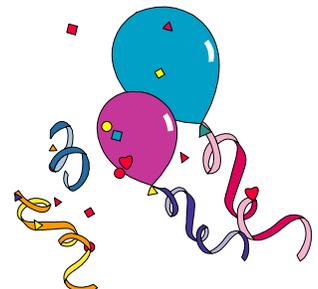
Upcoming events:

- We will begin our Membership Campaign in October for the year 2015.
- Our Christmas Bazaar is scheduled for November 8<sup>th</sup>. Planning has begun

Of course, London will be the site for the 95<sup>th</sup> Diocesan Convention in April, 2015 and the Best Western has been reserved for this occasion. The London Central Committee churches have been working away planning this convention. It will be outstanding!

Looks like a busy year ahead. We are READY (or almost).

**Dora**





*Council News—London Region—St. Anne,  
St. Thomas—President, Gerdie Beaudoin*

With fall fast approaching we are ready to begin a very busy upcoming season. Preparations are already underway for the Christmas Bazaar. Seems strange to write about Christmas in August, however that is what happens.

We will begin our fall with the CWL Breakfast and the presentation of the service pins to our dedicated members. We have 8 new members for the 2014/2015 years.

## Gerdie

*Every single blade of grass  
And every flake of snow  
Is just a wee bit different  
There's no two alike, you know.*

*From something small, like grains of sand,  
To that gigantic star,  
All were made with this in mind:  
To be just what they are!*

*How foolish, then, to imitate,  
How useless to pretend,  
Since each of us comes from a mind  
Whose ideas never end.*

*There'll only be just one of me  
To show what I can do,  
And you should, likewise, be quite proud  
There's only one of you.*

*Anonymous*

Norman King, B.A., S.T.B., M.A., Ph.D.

Norman King is the Stephen Jarislowsky Chair in Religion and Conflict, Assumption University, Windsor and Director of Theology and Acting Principal, Iona College, Windsor, Ontario. He is a board member of numerous organizations in the Windsor and Essex area, including the Windsor Essex Children's Aid Society, the Windsor Homes Coalition, Unicorn, and he is the treasurer for the Windsor University Retirees Association.

Norman has taught, written, and lectured over a wide range of themes and topics for the past thirty years. He was educated at Toronto and Laval universities in Western literature and philosophy, with doctoral studies in systematic theology and contemporary religious thought and spirituality. He has focused especially on the human quest for meaning in the twentieth century in its personal, interpersonal and social dimensions, with some emphasis on the work of German theologian Karl Rahner and American essayist Thomas Merton.

His courses have included themes in religion and spirituality in dialogue with ritual studies, literature, psychology and sociology. In more recent years, he has expanded his teaching areas to include Greek mythology, Canadian multiculturalism and spirituality and music. Norman has authored two books and numerous articles, chiefly in the area of contemporary spiritual thought, ethics and business and music and spirituality. He continues to teach and write in these areas.

In connection with the Stephen Jarislowsky Chair, he has coordinated an Interfaith Group and organized symposia on peace, attitudes to children, the role of women and the changing role of men, with perspectives from representatives of major religious tradition. He has also given public lectures on "Thomas Merton on Non-Violence" and "Karl Rahner on Interfaith Dialogue and Peace."

Jane Ripley, Honours B.Mus., CHM, RMT

Music Teacher, Choral Director and Workshop Clinician  
Professor, Spirituality and Music, Iona College, Windsor, ON.

Jane obtained an Honours Bachelor of Music degree in vocal music from the University of Windsor. She also holds a diploma in Church Music from the same institution, where she remained on the Dean's Honour roll each year and was awarded the Board of Governors' for excellence upon graduation.

Jane maintains a private voice, piano and theory studio in Chatham, Ontario, and is currently the President of the Chatham-Kent branch of the Ontario Registered Music Teachers' Association. She is also a qualified elementary school teacher. Over the past many years, Jane has directed several vocal ensembles and community and church choirs. She is currently the director of the Gallery Choir at Corpus Christi Church in Windsor, Ontario. In 2012, under her leadership, this choir released a CD of choral music, entitled *Rain Down*, featuring the Prayer of St. Patrick.

In 2003, Jane released an instrumental CD of hymn selections entitled *Come to My Heart, touching the spirit*. The CD was so popular that it sold out after two printings. Jane has written several hymns that are currently sung in church communities in Canada and the United States. One hymn on the 2003 CD Long Before a Time composed by Jane Ripley copyright 2003 features Dara Zusko (violin) and Martin Kobele (cello) and Jane Ripley (keyboard).

*Council News—Sarnia Lambton Region—Our Lady of Mercy  
Sarnia—Past president Phyllis Vanoverbeke*

- We offered our usual Valentine's Day flowers to our shut-in members in February
- We hosted the World Day of Prayer. It was well attended in March
- Also we did the annual birthday in March at Vision Nursing Home. With the new addition we had more residents attend the party, which was great
- Some members attended the St John's Devine CWL Retreat in London
- The Stations of the Cross were held weekly during Lent. CWL members participated and supported the event

- The Diocesan Youth day was held in Sarnia. OLM-CWL along with many other members prepared and served many meals for the students
- Our annual Spring tea is always an event of hard work, but it's always enjoyed by everyone and very successful
- We offered carnations flowers to the parishioners for Mother's day before masses on Mother's day weekend
- June ended in a beautiful pot luck. We were honoured to present Lia Churchill with a 25 year service pin, 60 year service

to Toni Therrien and the Maple Leaf Pin to Bridie McKeon

- The hall revocation is really good



Pat Sloan (left)  
Elsie Seward (right)

**Phyllis**

*Council News—Sarnia Lambton Region—Holy Rosary  
Wyoming—President, Joan Fournier*

Holy Rosary CWL had 2 events opened to all the ladies in the parish. We met at the Oil Rig in December for a lunch and we had a potluck and went to see the play "Church Basement ladies" at Victoria playhouse

We had approximately 40 ladies at both events. We presented members with service pins. Congratulations to Mary Toenders who received her 60 year pin, Cecile Clements who received her 50 year pin, Rose Chalmers and Ricki Vanmorsel who received their 40 year pin, and Jean Gerrits and Joanne Verhoeven who

received their 25 year pin. At both events we had a short spiritual programme asking the ladies to find Jesus in the people they know.

We are starting our September meeting off both in a new location and a new time. We will now have our meetings at the parish hall in Petrolia rather than Holy Rosary School, and our meetings will now be held in the afternoon rather than the evening.

This October we will be

celebrating our 60th Anniversary, and have a coffee break/open house in the parish Hall after the 9:00 a.m. Mass showcasing our History and life books. Anna Jenniskens has done an excellent job in keeping both up to date. We will also be entering a float in the Wyoming Fair parade to promote our CWL.

May our lady of Good Counsel be with all our league's and continue to guide and bless our works.

**Joan**



*Council News—Sarnia Lambton Region—St. Michael, Brights Grove  
Submitted by Nelly Kelders—Communications/Education/Health Chairperson*

Finally, after a long, dreary and snowy winter, we emerged into the warmth of spring in Brights Grove with renewed energy. Several of our activities allowed us to assume a role as spiritual leaders in our community. We hosted the World Day of Prayer 2014 for our area. We were pleased with the number of participants who came out to join us for prayer, and fellowship. During Lent our Council took its turn to lead the Stations of the Cross following the Wednesday evening mass. On Divine Mercy Sunday, April 27, six members of the St. Michael CWL participated in the procession and service at Sacred Heart Church, along with our sisters from the other parishes in our deanery. It was a most moving experience for all who attended. The month of May afforded us the opportunity to lead parishioners in the Rosary before the Wednesday evening masses. In May and June, 34 young people were presented with a gift from us as they celebrated receiving the Eucharist for the first time.

In May, we were saddened at the passing of one of our founding members, Kay Hall, in her 91st year. She was a proud and active member of the Catholic Women's League and committees of St. Michael for many years. CWL members led the praying of the Rosary at the wake, attending the funeral mass and assisting with the luncheon following.

Our May mass, general meeting and dinner were well attended by

members. Joanne Giresi presented a beautiful and inspiring talk about the Blessed Virgin as Our Lady Untier of Knots. There are many knots in our lives which can suffocate and separate us from God. Cardinal Jorge Bergoglio composed a prayer to our Lady Untier of Knots and introduced it and the devotion to Her to the people of Argentina. It is one of Pope Francis' favourite images and very special devotion. The history and novena can be found at:

<http://www.theholyroary.org/maryundoerknots>

Following dinner several ladies were presented with membership awards. Ten year pins were presented to Anna Brennan and Mary Huybers. Janet Boyle, Fran Dolar, Jo-Anne Janess and Josie Parker received 25 year pins and Annette Proconier was honoured with a 40 year pin. Co-president Josie Parker was pleased to announce that the second position of co-president has been filled. Mary McLeay has agreed to move from her position as Organization/Membership chair to co-president. We look forward to working with Mary in her new role.



Members Pam & Christine at dinner



2 of our first CWL council members  
Gerry Payne & Fleurette Forbes

June was the month for the London Diocese to follow the anti-pornography directive from CWL National by distributing and requesting that parishioners sign anti-pornography postcards. The cards were distributed at the masses and parishioners were invited to sign and drop them off at the welcome desk throughout the month.

Every year our Council presents an education bursary to a grade twelve student from our parish who will continue on to higher education. The decision as to who receives the award is based on a points system that includes the individual's contributions to the parish, school, community and academics. This year we were pleased to present our Catholic Women's League Bursary to Matthew Doidge, a grade twelve student at St. Patrick Catholic High School in Sarnia. He will continue his education in the fall at Lambton

*(Continued on page 35)*



*Council News—Sarnia Lambton Region—St. Michael, Brights Grove  
Submitted by Nelly Kelders—Communications/Education/Health Chairperson*

*(Continued from page 34)*

College, Sarnia. Congratulations to Matthew.

As we think ahead to fall and pie-making, members and parishioners have been invited to freeze extra rhubarb, strawberries or blueberries harvested during the summer for inclusion in our yummy fruit pies. The pies will not only kick off our fall fund-raising efforts, but bring back memories of those glorious summer days of freshly picked fruit and sunshine.

There is one group in our midst that does not stop, even for summer! Every Thursday, you will find them in the meeting room at the church working away at a variety of projects. The St. Michael Quilters Group was created almost 12 years ago and continues to flourish today. There are a dozen or so ladies involved in the group at any one time. They bring their sewing machines and talents to the room each week and share ideas, brainstorm problems and praise accomplishments. Their day is informal and is governed by the needs of the group. They make beautiful quilts that are sent to the northern Aboriginal community of Pikangikum each year. In their first year, 30 quilts were created and shipped, with 10 to 15 more following each subsequent year. Quilts are also offered for sale at the annual St. Michael CWL fall bazaar. The proceeds from the sales help to pay for shipping costs to the north and to assist in the

purchasing of supplies identified by social workers in the northern community. Their abilities reach far beyond quilts as the ladies produce table runners, place mats, coasters, aprons, coffee holders and any trendy items that are proving to be popular, for the fall bazaar. These sewers set aside two days each summer where they sew items exclusively for the bazaar and two days when they work on personal projects. Pot luck lunches add to the social atmosphere that prevails in the room. This very inclusive group is always happy to welcome a new sewer to their circle. They have not hidden their talents under a bushel but rather have allowed them to shine forth for the benefit of their community and beyond.

***Life Members and Past Presidents  
Social Justice Award***

This year our Council nominated member Vera Lawlor for the Life Members and Past Presidents Social Justice Award to be presented at the CWL Diocesan Convention in April, 2014. This award recognizes dedication to and advocacy for Social Justice causes. We could not think of a better recipient than Vera and were pleased when the Diocesan Council agreed and chose to recognize her with this award.

Vera's curriculum vita attests to her passion to work toward making this world a better place for all to live in. A very active member of the Catholic Women's League since 1990, she has held several positions on the executive council including president

and past-president. She has been a bundle of energy as she has chaired and served on the boards of many committees including: Canadian Catholic Organization for Development & Peace (CCODP); YMCA International Development Committee; Sarnia Lambton Committee Against Trafficking of Women and Children; OBIOMA Relief Organization of Canada; Justice Group of St. Michael Parish; and St. Michael Quilters Group.

Vera said her decision to become involved in social justice began as a New Year's resolution many years ago, "to become more involved in my community and pay back all the many benefits I get from my community and live out my Catholic faith at the same time". She says her heartstrings are pulled daily by the deplorable and unimaginable third world living conditions of Canada's aboriginal children. After hearing Mike Stevens, world renowned harmonica virtuoso, talk about the impact of his music workshops to children in the northern Native communities, she knew she needed to do something. Thus began the project to make quilts for the people in the northern community of Pikangikum. She has also organized mitten, hat and sock drives at local elementary schools; sending these items to the community at Christmas time. Another aspect of her social justice is driving migrant workers to monthly masses and socials in Lambton Deanery. Many migrant workers arrive in our area

*(Continued on page 36)*



*Council News—Sarnia Lambton Region—St. Michael, Brights Grove  
Submitted by Nelly Kelders—Communications/Education/Health Chairperson*

(Continued from page 35)

each year, leaving family behind so they can earn enough money to keep their families living in poor countries from poverty. She works tirelessly to educate people about the evil of human trafficking and how to end this world-wide criminal activity. Her fund-raising efforts know no bounds: supporting bazaars and bake sales; working with friends to create solidarity soup lunches; established poinsettia fund-raising sales; organizing a multicultural food event, and coordinating an annual dinner & dance. Finally, each December Vera's family invites friends and family to their home for a Christmas carol sing-along, food and fellowship. Instead of a hostess gift, guests are asked to make a donation to Artscan Circle.

*"I don't have any wise words of wisdom about working for justice in our world, but what I can say is that it just feels like the right and only thing to do and because I can do it, I will."*

From Vera's Acceptance Speech, April 2014



Member Pattie Fraser embellishing a quilt



Vera Lawlor—recipient of the London Diocesan Life Members & Past Presidents Social Justice Award



Members Judy ..... and Anna Brennan sandwiching another quilt



President Josie Parker and our June Dinner Speaker .....????

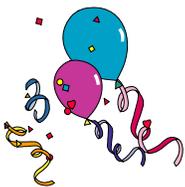


*Council News—Essex Region—St. Michael, Leamington*  
*President—Barbara Zuenneville*

The ladies of St. Michael's Council continue to strive to fulfill the commitment of the themes "WE HAVE SEEN THE LORD, HE IS IN US" and "AS PEOPLE OF FAITH".

In June, instead of our Pot Luck Supper, we joined forces with the parish council and held the "Volunteer Appreciation Dinner" for all the people who volunteer their talents and time to the Parish. We took up a monetary collection for Our Lady of Guadalupe House in Windsor and collected \$700.00 for this cause. Also, on June 6<sup>th</sup> our Seminarian Don Pumputis was ordained to the Diaconate by Bishop Fabbro at our church. We hosted the reception afterwards with goodies and refreshments. Next on June 24<sup>th</sup>, there was a Pig Roast Fund Raising Supper for a needy family of our parish and we assisted with this function. The Farewell Mass for Fr. Ben Huyge was held on June 25<sup>th</sup> at St. Joseph and we provided refreshments and baked goods again. The High School Bursaries for Leamington District High School and Cardinal Carter were presented at their respective graduations on June 26<sup>th</sup> by our members.

In July, we hosted the Birthday Party at the Sun Parlor Home for 20 residents and their families. We presented them with gifts and supplied cake and entertainment. July 23<sup>rd</sup> was the CWL Day at the Shrine in Merlin



and some of our members attended this beautiful day of prayer. The Provincial Convention occurred in July. Lastly we provided refreshments and baked goods for the Farewell Mass for Deacon Don.

In August, we prepared and served lunch for the Vacation Bible School participants, parents and guests. The National Convention occurred in New Brunswick. I am sure that we will be receiving news from both of the conventions. 2015 Calendars and Membership cards are ordered.

In September, we will organize our activities for the remainder of the year. Our projects will be somewhat curtailed as our Church and Hall and Rectory will be demolished in the fall. We will support this endeavour by walking and praying to end abortion at the Leamington Hospital.

Our Membership Campaign starts in October and continues until the end of the year. We will sell memberships at the Masses during the first weeks of October, November and December at St. Joseph Church. The ladies can also purchase them at the church office during their hours.

The MEMORIAL MASS for all of the deceased parishioners happens in November. We participate in this Mass and host the reception afterwards. The BOOK OF LIE is displayed for the entire month of November. Crosses will be distributed to all of the Confirmation candidates. The executive reports are to be completed. We will host the Birthday Party at the Franklin

Nursing Home with gifts, cake and entertainment.

Lastly, in December our Pot Luck Dinner and White Elephant Sale occur. The proceeds from the Auction go to the St. Vincent de Paul Society to purchase Christmas Presents for the less fortunate people of our community. We also prepare beautiful Christmas Bags for the Shut-in Parishioners filled with a Catholic Calendar and all kinds of food products. The president's report is due and we prepare the budget for 2015.

During the entire year, our Prayer Shawl Ministry continues. We support the Children's Aid Society by purchasing baby layette packages. We provide various products for the St. Vincent de Paul Food Bank. In addition, we say prayers at the funeral home for a deceased member and have an Honour Guard at the church.

During this transition period, we pray that God and Our Lady of Good Counsel will guide us to serve as best as we can the needs of our parish, community and our country.

**Barbara**

*Council News—Essex Region—St. Simon & St. Jude, Belle River  
Co-President—Jeanne Lauzon*

February brought us all that nasty frigid weather, so we decided to try a lunch meeting. Our ladies packed their own lunches and arrived early to eat and visit before the meeting. Desserts and beverages were provided. After the meeting, we made valentines for the residents of LaChaumiere Nursing Home. On February 14<sup>th</sup>, ladies said the rosary and attended mass with the residents, then circulated and passed out our valentines. It was a lovely morning enjoyed by all.

Pat Rivest was our guest speaker for the March meeting, while I was in sunny Florida. I heard great reviews about the evening. Sincerest thanks to Pat for the visit.

In April, we invited members from the Guatemala Hope Mission group to speak to us. They had a very informative slide show. We learned about the work they do

and saw first hand the progress they are making. It was interesting to see how all of our support helps to make a difference in so many lives. This group is truly amazing!

April also brought the Diocesan Convention. Eight members attended all three days. Our sincerest thanks to all those who worked to make this event such a success. We saw the Lord in our wonderful sisters of the league and truly enjoyed the experience.

Many ladies joined us to recite the rosary. Members were presented with 10, 25, 40 and 50 year pins. New members also received their pins. Two very special ladies received pins to honor their 70 years of membership. I guess we will have to make pins for these years! Cake and coffee were served and our meeting followed.

June is always a fun month. We discussed our plans for our Pot

Luck in September. The ladies decided they would rather play cards and visit instead of a guest speaker. Members also voted to visit at the Christmas Party in December. We reminded them to keep the bazaar in mind and wished them a great summer. Elaine Cohoe was presented the 3% membership increase certificate. We are proud to have someone who puts so much effort into this convenorship. The meeting was followed by a blind auction.

Jeanne



**KIDS IN CHURCH**

*A Sunday school teacher asked her children as they were on the way to church service, "and why is it necessary to be quiet in church?"  
One bright little girl replied, "Because people are sleeping."*

*A little boy was overheard praying:  
"Lord if you can't make me a better boy, don't worry about it.  
I'm having a real good time like I am."*

*Council News—Essex Region—St. Anne, Tecumseh  
President—Linda Proctor*

The fall season brings a few changes to our council. Our president, Sherri Thibeault stepped down for personal reasons at our annual June dinner meeting.

She will continue to be our Treasurer. I re-assumed the position of president until the new year when we will have our elections.

In April, our council served as "Registration Committee" for our Diocesan Convention, held in Windsor. It was a lot of work & a learning experience, and we met many of our sisters in the League. We were happy to keep this part of

the convention running smoothly. Our council had 25 members attend the convention/banquet.

At our June dinner meeting, we were honoured with the presence of our newly elected Diocesan President, Marie-Theresa Lamphier & Pat Rivest, new recording Secretary of our Provincial Council. At our meeting, several members received their long service pins. I was also honoured to receive the CWL Maple Leaf pin.

We were pleased to contribute financially for our youngest member, 18 year old Madison Sage, for her

trip to Ghana. Madison participated in the "Me to We" programme. This group has young adults travel to Ghana to help build schools for the children.

Plans for the fall have not been finalized as yet, but we will be attending the Fall regional day in our area. Plans have begun for our annual Christmas Dinner fashion show.

Our Lady of Good Counsel.....pray for us.

**Linda**

*Council News—Essex Region—St. Clement, McGregor  
President—Doris Coyle*

I hope everyone has had a wonderful and restful summer. I can't believe it went by so quickly! It is time to get back to work and our meetings resume on September 8th which is our "potluck bring a friend" meeting.

October is a busy month for our council. On October 11th, we have booked a retreat day at the Holy Family Retreat House in Oxley. We are looking forward to a spiritually

uplifting day. Our annual Ladies breakfast is being held on Sunday, October 19th. This is the start of our membership drive and all the ladies of the parish as well as surrounding parishes are invited. This year our guest speakers are Karen Pickle and her son Andrew Banner from "Group Hug Apparel".

In November we are looking forward to attending the Fall Regional Day. We will also begin planning our 80th

Anniversary Celebration which will be held in the spring of 2015.

May Our Lady of Good Counsel continue to bless all of us as we work to serve God and our communities.

**Doris**





*Council News—Essex Region—Holy Name of Jesus, Essex.  
President—Janice Rounding*

- I attended the Diocesan Convention in Windsor, April 28-30. Another fantastic convention!
- We welcomed Mary Lapain Fournier with Essex County Fertility Care as our guest speaker in May.
- We held a Mother's Day raffle of 3 beautiful planters.
- 2 members of our council attended the Merlin Day at the Shrine in July.
- We placed the Pornography Hurts postcards in the pews for all 4 masses, asking parishioners to take them home, sign and mail them. We had preaddressed them for convenience.
- At our August Executive Meeting, we reviewed and updated our Policies and Procedures Manual while enjoying a light meal and refreshments on my patio.
- We have an OPP officer from Crime Prevention speaking at our September General Meeting.
- We will be having a Pie Sale after all masses on the October 4th/5th weekend.
- We have invited WW II Veteran and Essex resident, Tom Robson to speak at our November meeting.
- Our annual Turkey Dinner and Bazaar will take place on Sunday November 23rd. You are welcome to attend.
- We have decided to dedicate the month of December for membership collection.
- We will be having our December potluck dinner in place of our December 9th meetings.
- We will again be collecting sleeping blankets, blankets and coats for Street Help Unit 7, in January.
- Our 2nd Annual Valentine's Day Bake Sale has been booked for February 4th/15th
- We are planning a Lenten Twilight Retreat with the parish in March. Date to be determined.

Janice



**BEING A MOTHER**

*Somebody said being a mother is boring.....  
That somebody never rode in a car driven by a teenager  
with a driver's permit*

*Somebody said if you're a "good" mother,  
your child will "turn out good"  
That somebody thinks a child comes with  
directions and a guarantee*



*Council News—Chatham Kent Region—Holy Family, Wallaceburg.  
President—Judy Roy*

The year began with the four councils in our Parish Cluster hosting a Catch the Fire Workshop in January.

Our Annual Turkey Dinner, which is held in February, was very successful with a sold out crowd. CWL members cooked and served a wonderful home cooked meal with all the fixings including homemade pie. Euchre was enjoyed afterward.

We took part in our Community World Day of Prayer on March 7th. Our council sold tickets after Masses on a complete Easter Dinner, with proceeds going to a parishioner in the Deaconate programme.

Our Lady of Good Counsel was honoured with a Mass, where CWL members took part in all liturgical rolls, and our League Prayer was read during Mass.

Twelve of our members attended the Right to Life Banquet, as well as donating door prizes for this function. We also hosted a Right to Life Baby Shower during the month of May, with proceeds going to three local charities.

Every year we host two senior and shut-in Masses in Holy Family Church. We provide a ride for anyone wishing to attend Mass, which begins with one of our seniors crowning Mary. During Mass, everyone is anointed with holy oil. Our council assists with the liturgical roles during Mass and then serves everyone lunch in our annex

In June, we co-hosted a Mother/Daughter Pot Luck supper with our sister council, Our Lady Help of Christians. Everyone brings their favourite dish or dessert, and no one goes home hungry. Many door prizes were given out during the evening.

We continue to look after our students, honouring them with gifts and receptions when they receive their sacraments.

Our Pastor, Father Greg Bonin, left us in June to continue his journey at Most Precious Blood Parish in Windsor. The four CWL councils in our Cluster looked after an open house for him at the U.A.W. Hall. It was a good send off, with an overflowing crowd, lots to eat and drink, and many

words of kindness for our departing Pastor of ten years. Our Associate Pastor, Fr. Matthew Sobierajski, also left to go to Etobicoke. We have welcomed our new Pastor, Father Chris Gillespie, and new Associate Pastor, Father Raju Allumpurath, and am sure we will have a wonderful association with them both.

During the summer, we canvass our local merchants for prizes and sell raffle tickets for our annual penny sale in October. We continue to save stamps, Campbell Soup labels, eye glasses, soap, candles, yarn and milk bags for third world countries.

This coming October, we will be celebrating our 10 year anniversary as Holy Redeemer Parish Cluster with a special Mass and dinner with Bishop Fabbro. We have been truly blessed.

**Judy**



*Council News—Chatham Kent Region—St. Mary, Blenheim.  
President, Elinor Howell*

St. Mary's CWL Serves up Dinner

Below is excerpts from the Blenheim News Tribune about our CWL Pasta Dinner we served up to raise funds for the local Chatham Kent Hospice:



The St. Mary CWL's first foray into hosting a benefit dinner was an overwhelming success.

The CWL completely sold out it's advance tickets for Friday's Pasta dinner at the St. Mary's Hall.

The event raised \$3,700.00 for the Chatham Kent Hospice.



" I

think we did pretty good ... for the first time" said Linda Burk, a member of the CWL who arranged the Hospice's participation.

The CWL put on a wonderful dinner with two choices of Pasta and sauces, garlic bread, salad & dessert.

And the ladies efforts were certainly appreciated by the Hospice Board. "It was so much fun." said Jennifer Wilson, Chair of the Chatham Kent Hospice Board.



Jennifer Wilson, Chair of the Chatham-Kent Hospice Board addresses the audience.

Those CWL people are hard workers ... a really nice group of people," the Charing Cross area resident said.

Burk said the CWL raises funds throughout the year to various events, such as raffles, Lenten luncheons, and it's annual penny-sale.

We raise funds for St. Anne's School, if children need book bags, mittens or hats, or whatever, we provide the money." Burk said.

"We support the Soup Kitchen, the Food Bank ... wherever there's a need in the community, we try to help them out."

Burk said the idea to host a dinner to support the Hospice came up during it's April monthly meeting after a member brought up a story about the project in The Blenheim News Tribune.

And in just six short weeks after voting in favour of supporting the Hospice, dinner was on the table.

Burk said the CWL was amazed at the support of the community. "All tickets were sold, but not everyone attended. But that's the thing we always find with our community, people are so supportive." Burk said. "People

were just buying tickets, and some said 'I can't go, but I want to buy tickets anyway' to support the cause."

Burk said the CWL is also grateful for all the local businesses that donated merchandise and gift certificates to the raffle table, which brought in \$756.00.

After dinner, Wilson gave the crowd of over 300 people a presentation on the Hospice, which will be built beside the St. Andrew's Residence in central Chatham.

"It was a little nerve racking speaking in your home town where everyone knows you," said Wilson, with a smile. "But everyone was very kind and very receptive." Wilson and other board members have been busy appearing at numerous functions throughout the municipality to raise funds—and just as important raise awareness for the hospice.

Friday night's CWL dinner was the second of 3 events in a week's time in the Blenheim area. "It's good for us to get the message out about what this residential hospice will bring to the community and who will benefit," Wilson said. "There are still a lot of people who don't understand." "It's not just for the dying person, it's not just for old people, it's for the whole family," she explained. Wilson also told the audience how volunteers will play a vital role. "It takes a tremendous amount of volunteers

*(Continued on page 43)*



*Council News—Chatham Kent Region—St. Mary, Blenheim,  
President, Elinor Howell*

*(Continued from page 42)*

to run a hospice,” she said. “Once people understand what is required, there is probably a way for anyone who wants to help, can help.”

Wilson said it is important for the Hospice Board to get volunteers in place early because of special training that is required.

The Chatham Kent Hospice will be a 10-bed facility with a meeting room, bereavement counsel room and resource library.

The total price of the project is \$5-million, as \$3-million will be a sustainability fund for the first 2 years of operation while a foundation is set up.

Last Week, the Hospice board announced it had reached the \$1.5-million mark in fund-raising it

needed to receive a matching \$1.5-million from the Chatham-Kent municipal community initiative fund, which begins with a \$160,000 payment in 2015 and \$335,000 annually from 2016-2019.

“It’s amazing we’ve raised that much already, but we still have a long way to go,” Wilson said. “We don’t want people to think that by any means are we near the finish line, because we are not. We still have a lot of money to raise.”

Ground-breaking on the Hospice is expected to begin this fall and will be open sometime next year.

Chatham Kent Hospice board now has it’s own phone number (519-354-3113) and e-mail address ([info@chathamkenthospice.com](mailto:info@chathamkenthospice.com)) for more information on volunteering or making a donation.



Volunteer Brynne Howell and CWL members Margaret Riehl & Elinor Howell filled many take-out meal containers during the

## Elinor

Note from the editor (Sandra):  
When someone has a newspaper article, please send it to me directly through the ‘snail-mail’ as it is easier for me to make it readable and not have to re-type the article.

### **I SAID A PRAYER FOR YOU TODAY**

*I said a prayer for you today and know God must have heard;  
I felt the answer in my heart, although He spoke not a word  
I didn’t ask for wealth or fame (I knew you wouldn’t mind);  
I asked for priceless treasures rare of a more lasting kind.*

*I prayed that He’d be near to you at the start of each new day,  
To grant you health and blessings fair, and friends to share your way.  
I asked for happiness for you in all things great and small,  
But that you’d know His loving care, I prayed the most of all.*

**Author Unknown**



*Council News—Chatham Kent Region—Our Lady Help of Christians,  
Wallaceburg. Submitted by, Recording Secretary, Mary Van Damme*

After a busy Christmas season, we buckled down to work hosting the "Catch The Fire" Workshop at our parish centre January 18th from 9 to 3:30 and Rita Mulders and Rosemary Vermast made us a delicious lunch at noon. There was a great response and 16 new members signed up with our council. That is wonderful as we had lost 9 members who passed away in 2013. Great job to Margaret Cushman our membership convenor and our Diocesan Council members. Our Council decided that we will give every new member a CWL Signet Pin when they join. Our league also participates in the Christian Unity week celebrated in our town every January.

In February we hosted our annual roast beef dinner held in our parish centre with a full house again this year. Great food, great fun! Lots of prizes won as well. In order to keep everything in perfect order, we also hosted a Food Handlers Workshop. We serve many funeral lunches at our parish and this was a great refresher course for all who attended.

Our CWL members helped with the new Parish Photo Album which took place in March this year for our whole Holy Redeemer Parish Cluster which

is celebrating 10 years on October 4th, 2014 at the Wilkesport Hall in Wilkesport Ontario. Bishop Fabro will be attending the whole weekend at our 3 churches here in Wallaceburg and Port Lambton. Lots of help was needed to organize, make phone calls, be receptionists and help in various other ways to make this process run smoothly. Then 4 of our members including President Marlene Judson and myself, participated in the Youth Group's "Family Feud" held in Wallaceburg at the UAW Hall. What fun we all had. (Our team did not win)

About 20 members attended the 40th annual Right to Life Banquet on April 15 which was held in Wallaceburg this year at the UAW Hall. We donated several nice prizes for the event. For the Diocesan Convention, we sent Margaret Cushman and Marion Cogghe as our representatives from our executive this year and they both enjoyed it very much.

May brings us the Annual Spring Banquet at the Knights of Columbus Hall where we enjoyed a beautiful meal cooked by Fred Dubuque of the K of C there. This year 90 members attended. We enjoyed very informative stories from the

members who attended the Haiti Mission. Lori Van Heck, Janice Van Dommelen and Eric Van Dommelen spoke of many a wonderful experience there. We had donated some monies to help them get to their destination.

June is Mother/Daughter Pot Luck at Our Lady Help of Christians Parish centre with about 57 members in attendance And we participate in the Town Wide Yard Sale every year, selling everyone's "treasures" and selling hot dogs and pop. We made over \$800.00 this year. Last but NOT least, we had to say goodbye to Fr Yasek Kokosa and our pastor of 10 years, Fr. Greg Bonin. We helped bake and set up for Fr. Greg's party at the UAW Hall (which was full to the brim) and Mary Van Damme helped with the entertainment—"Sisters of Know Hope" who "sang" beautifully for Fr. Greg.

And we shall continue to serve God and Canada.

## Mary





*Council News—Huron Perth Region—St. Peter, Goderich*  
*Submitted by: Communications Chairperson, Diane Weber*

What a busy six months! In the spring we hosted the Winter Regional Day. Everyone enjoyed having the chance to get to know some other League Sisters. Shortly after this event, we hosted a “Catch the Fire” workshop. We left with a better understanding of the history and role of the League, what we’ve accomplished, and how to share our “light”.

With Convention being held in Windsor, 12 of our members were able to attend. The fun night, Masses, speakers, and banquet all played a special role in this wonderful weekend - even travelling together gave us time to strengthen our bonds.

In June we celebrated our year-end with a nice dinner. At that time pins were presented to two new members, 10 year: Jo-Ann Blay-Rowan; 25 year: Alice Saulkins, Joan Schoonderwoerd; 40 year: Barbara Desjardins, Eileen Moerbeek, Karen Wade; 50 year: Betty Doherty, Jane Kerr; 60 year: Lina Caza, Emma Franken, Anette Stemp; 75 year: Catherine Austin, and a Maple Leaf Service Pin was presented to our President, Judy

VanBeers. The Executive also provided some entertainment and a skit that conveyed some information brought back from Convention.

The next month, 350+ postcards were distributed to Parish members for their signatures as part of the ‘Pornography Hurts’ campaign. These postcards were mailed to our Prime Minister, Member of Parliament, and the Justice Minister.

On one hot Saturday in July, a BBQ fundraiser took place. All the proceeds will go to the Knights of Columbus to help with the purchase of a Parish outdoor nativity scene. We also assisted the Knights of Columbus with a Garage & Bake Sale, Canada Day pancake breakfast. Later in the summer we held a very successful Parish Bakeless Bake Sale.

We have had several opportunities to enjoy fellowship with other League Sisters. In addition to Winter Regional Day and Catch the Fire, we got together with our Kingsbridge Sisters when we were invited to their year-end potluck.

It was a wonderful evening sharing food, song and stories. Following this fun-filled evening, their President planned a Wine Tasting/Outlet Shopping Bus Trip to Niagara-on-the Lake and invited us as well. Many of our members attended. We had such a good time and are looking forward to more social gatherings with them.

In September we will be hosting a Parish breakfast and will have a guest speaker/potluck/general meeting to welcome everyone back after the busy summer.

**Diane**

*Happiness keeps you Sweet,  
 Trials keep you Strong,  
 Sorrows keep you Human,  
 Failures keep you Humble,  
 Success keeps you Glowing,  
 But Only God keeps you Going*





*Council News—Huron Perth Region—St. Joseph, Stratford,  
President, Edna Brake*

It is with great sadness and a shock, that I must start this report with the passing of our league's past president Mary Gaffney. Since the death of Mary we have lost 3 more members. May they Rest in Peace.

We started our raffle ticket campaign in January selling 400 tickets with a bake sale to finish out the sale. The league then discussed what we would do with the monies raised, it was accepted by the league that we would donate it to repairing the stained glass window over Mary's altar. This project will take 5 years or less depending on our fundraisers.

During Lent we recited the Stations of the Cross on the second last Friday evening in April. Also during April the league recited the **Nicene Creed** at our meetings. At the Easter Vigil the parish welcomed 4 people into the Catholic Faith, and was followed by a social for our new parish members.

In April at the convention in Windsor we had 5 members attend, a good time was had by all, the new executive was installed. Congratulations to all and God's blessing be with you during your term. It was suggested that each league would donate baby item to help Our Lady of Guadalupe House for unwed mothers and bring them to the convention.

In May we hosted the Young's Funeral Home remembrance services in which the Catholic Women's League set up and served drink. Also in May we had a young lady Celeste McEwen speak to us on Social Justice. She did a great job and was very well informed. On May 8<sup>th</sup> the ladies of our league with the help of the office staff hosted the Bishops luncheon, it was expected to be approximately 150 priests attending. Things went well.

With June rolling in we served at the Confirmation Social. So now

we are into September, with our first meeting on September 9<sup>th</sup>, 2014. This September we are shaking things up. We have decided to have our Communion Luncheon on September 14<sup>th</sup> 2014 at the Festival Inn. We are planning a fundraiser in November. TanJay will be coming to our parish hall to put on a fashion show. We are hoping for a good attendance, so ladies if you have nothing to do in November come and enjoy the fashion show.

We finished off our spring with lunch by the executive, with Fr. Dick Bester and Fr. David Butler attending.

Have a great Fall.

Blessings

**Edna**

**REASONS TO THANK MY MOTHER**

***My mother taught me: TO APPRECIATE A JOB WELL DONE.***

*"If you're going to kill each other, do it outside, I just finished cleaning"*

***My mother taught me: RELIGION***

*"You better pray that will come out of the carpet."*

***My mother taught me: LOGIC***

*"Because I said so, that's why."*



*Service Pin Awards for 2014*  
*Congratulations to our faithful & dedicated members*



**St. Anne, Tecumseh  
Essex Region**

**25 Years**

Pauline Leblanc

**10 Years**

Jean Morand

Anne Marie Staley

**Maple Leaf Service Pin**

Linda Proctor

**New Members**

Gloria Boeykens

Betty Catlin

Pauline Graat

Patricia Mailloux

Paula Roria

Annette Tuson

Yolanda Ruiz

Megi Geraj

Sarah Lachance

Jessie Marie Vlonich

Sahlia Wong

Madison Sage

**St. Simon & St. Jude, Belle River  
Essex Region**

**70 Years: Madonna Pin**

Catherine Denomey

Mae Tremblay

**50 Years**

Rita Crosby

Pauline Lalonde

Margarette-Betty Sauve

**40 Years**

Linda Lee Cassidy

Shirley Fillion

Bernadette Lanoue

Jeanne Lauzon

Connie Luhowy

Patricia Preston

**25 Years**

Linda Belland

Aline Byrne

Denise Cecile

Catherine De Clark

Mary Ann Grant

Mary Lou Hamelin

Hung M. Luong

Juliette Papineau

Rosella Pinsonneault

Pauline Roy

Helen Strong

Yvonne Torjak

**10 Years**

Madeleine Barrette

Beverly Booker

Louise Catton

Marcella Caza

Carmel Chauvin

Annette Chittle

Jackie Gomes

Claudette Hart

Gisele Hutchings

Betty Ann Kelly

Linda Larocque

Doris Pillon

Catherine St. Pierre

Geraldine St. Pierre

Doreen Snyder

Christine Toulouse

**New Members**

Denise Deimling

Sonya De Rose

Angela Dufault

Josie Gagnier

Marion Gauthier

Jo-Ann Hennin

Janine Le Blanc

Martha Massender

Liz Meloche

Annette Poisson

Eleanor Sylvestre

**Transferred from Visitation  
Parish**

Diane Trepanier

**St. Clement, McGregor  
Essex Region**

**60 Years**

Rosella Brockman

**50 Years**

Marcella Girard

Mabel Martin

**40 Years**

Diane Drouillard

Charlotte Renaud

**25 Years**

Mary Chapo

Doris Coyle

Patricia Galipeau

Cathy Lapain

**10 Years**

Mary Arts

Lynne Martin

Patty Miller

**New Members**

Sarah Beneteau

JoAnn Grondin

Donna Jean Martin

Mary Ellen Morton

**St. Michael, Brights Grove,  
Sarnia Lambton Region**

**65 Years**

Kay Hall—Kay died before she could be presented with the award

**40 Years**

Annette Proconier

**25 Years**

Josie Parker

Jo-Ann Janess

Fran Dolar

Janet Boyle

**10 Years**

Anna Brennan

Mary Huybers



(Continued on page 48)



*Service Pin Awards for 2014*  
*Congratulations to our faithful & dedicated members*



*(Continued from page 47)*

**Our Lady of Mercy, Sarnia  
Sarnia Lambton Region**

**Maple Leaf Service Pin**  
Bridie McKeon

**60 Years**  
Toni Therrien

**25 Years**  
Lia Churchill

**Holy Rosary, Wyoming  
Sarnia Lambton Region**

**60 Years**  
Mary Toenders

**50 Years**  
Cecile Clements

**40 Years**  
Rose Chalmers  
Ricki Vanmorsel

**25 Years**  
Jean Gerrits  
Joanne Verhoeven

**St. Michael, London  
London Region**

**60 Years**  
Mary Stevens  
Berte Grandy

**50 Years**  
Bessie Srahulek  
Catherine MacDonald

**40 Years**  
Carole Rawlings

**10 Years**  
Anne Hanley  
Mimi Lo  
Gladys OQuinn  
Lucie Sollazzo

**St. Peter Cathedral Basilica,  
London  
London Region**

**60 Years**  
Betty Janisse  
Helen Mcleod

**10 Years**  
Mickey Fursman  
Nora Malicdem  
Nuccia McGrath  
Helen Moniz  
Dawn Munday  
Catherine Sexton

**Maple Leaf Service Pin**  
Julie Sans  
Jo Guth

**St. Anne, St. Thomas  
London Region**

**60 Years**  
Eunice Deven  
Jean Walsh

**50 Years**  
Betty Callaghan  
Carol Fleming  
Noela Harding  
Dorothy Purchase

**40 Years**  
Sharon Crosby  
Pat Dunn  
Peggy Lopez-Delgado  
Carol Mandich  
Ronnie Parkins  
Susan Pettit  
Shirley Slaght  
Pat Vandevenne

**25 Years**  
Ivana Brisson  
Marilyn Crooker  
Kathy Decorte  
Sandi Hoffer  
Angela Kelly  
Nellie Koolen

Norma Loehndorf  
Lorraine Smith  
Jean Sunderland

**10 Years**  
Ruth Anne Badgley  
Janet Bottineau  
Vera Burge  
Ethel de la Penotiere  
Bev Gurton  
Sarah Paul  
Eileen Quigg

**Maple Leaf Service Pin**  
Pat Maxwell

**8 new members (no names given)**

**St. Peter, Goderich  
Huron Perth Region**

**75 Years**  
Catherine Austin

**60 Years**  
Lina Caza  
Emma Franken  
Anette Stemp

**50 Years**  
Betty Doherty  
Jane Kerr

**40 Years**  
Barbara Desjardins  
Eileen Moerbeek  
Karen Wade

**25 Years**  
Alice Saulkins  
Joan Schoonderwoerd

**10 Years**  
Jo-Ann Blay-Rowan

**Maple Leaf Service Pin**  
Judy VanBeers



**LONDON DIOCESAN COUNCIL**  
**THE CATHOLIC WOMEN'S LEAGUE OF CANADA**  
**LIFE MEMBERS AND PAST PRESIDENTS**  
**SOCIAL JUSTICE AWARD**

In the past few years, some of our Life Members have passed away. Following the untimely death of Life Member, Helene Regier, the Diocesan Executive felt we should have some way to recognize the work done by our Life Members and Diocesan Past Presidents. As many of these ladies were involved in or had great concern for social justice issues, it was felt that the most appropriate way we could recognize them would be through the establishment of a Social Justice Award.

The London Diocesan Council of the Catholic Women's League of Canada has established a Social Justice Award to be awarded annually. The award is intended to recognize men or women engaged in social justice work. A person will be eligible to receive the award upon a nomination form being submitted.

Award Criteria:

1. Demonstrated involvement in social justice activities
2. Nomination by a CWL Council, a pastor or campus minister or equivalent
3. The award must be used to finance participation in a reputable social justice activity, either at home or abroad, e.g. Development and Peace, work in inner city or northern experiences
4. Priority will be given to someone who identifies with Catholic ideals
5. The committee may decide to give the yearly amount to one candidate or divide it among several nominees
6. Successful nominees will be asked to share their experience with League members
7. Decision of the committee is final

With this award –

- We hope to raise awareness of social justice
- To build solidarity and community to those in need
- To hold as our highest priority, the teachings of the gospels through our concern for the common good and dignity of all human persons
- To bring to light issues around the world and call the world to action on behalf of those who lack this basic human right.

*The application form is on the next page*

**THE CATHOLIC WOMEN'S LEAGUE OF CANADA**

**Life Members and Past Presidents  
Social Justice Award**

**Nomination Form**

**Completed nomination forms are due any time before January 15, 2014**

**Name of Nominating Person or Council:**

**Address:**

**Phone:**

**Email:**

**CWL member:** Yes  No  **Parish CWL Council:** \_\_\_\_\_

**Please attach the following on a separate sheet:**

- 1. Name, address, phone number of person being nominated.**
- 2. Reason for nominating the individual.**
- 3. Demonstrated involvement in social justice programmes. Please provide references.**
- 4. Recommendation of a pastor, campus minister, or equivalent with regard to the activity.**
- 5. Description of the social justice activity that has been undertaken: e.g. dates, place, purpose and your involvement and cost.**

**Recipients of the award will be invited to the Diocesan Convention to speak about their social justice activity.**

**Mail completed form to Diocesan President, Mary Jean Horne, 105 Tissiman Ave, Chatham, Ontario N7M 4G6**

**For further information contact Mary Jean Horne at 519-352-2643 or email [wmjhorne@ciaccess.com](mailto:wmjhorne@ciaccess.com)**

# FORM FOR REPORTING DECEASED MEMBERS

PLEASE PRINT INFORMATION CLEARLY AND CORRECTLY  
AS RECORDED ON THE PARISH COUNCIL MEMBERSHIP LIST

Name of deceased \_\_\_\_\_  
(as shown on membership list)

Spouse's name (If applicable) \_\_\_\_\_

Full address \_\_\_\_\_  
(as shown on membership list)

Date deceased \_\_\_\_\_

CWL Parish Council \_\_\_\_\_

Diocese \_\_\_\_\_

Parish councils are asked to forward a copy of this completed form to National office to ensure that the deceased member's League magazine is discontinued.

Provincial chairpersons of Spiritual Development are reminded to submit a complete list of their province's deceased members, for the current year, to National Office by January 15<sup>th</sup> of each year for inclusion in the National Book of Life.

Date \_\_\_\_\_  
Signature of council president and/or chairperson of  
spiritual development

**MAIL OR FAX TO:**      **The Catholic Women's League of Canada**  
**C – 702 Scotland Avenue, Winnipeg, MB R3M 1X5**  
**Toll free fax: 1-888-831-9507**

Revised 2012

Dear Parish Council Recording Secretary

Please complete the following information and forward to the Diocesan Recording Secretary by **December 31, 2014**

**This information is for the 2015 executive.  
Please Print**

Parish Council Name \_\_\_\_\_

Parish Address \_\_\_\_\_

Is this an election year for your council? YES..... NO.....

President \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone # \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Treasurer \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone# \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Recording Secretary \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone# \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Spiritual Advisor \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Telephone# \_\_\_\_\_

Please mail To:

**Mary Bannon, Recording Secretary  
Catholic Women's League of Canada  
#404-136 Ontario St.  
Stratford ON  
N5A 7Y4**

**Please include 911 Emergency numbers with Rural Route addresses.**

***I am requesting that all forms be mailed to me.***